

Updated September 2026

Autumn Term 2026 – Primary PE, Swimming and Forest School Dates

Dear all,

Please find below the information regarding PE, swimming (for Year 5) and Forest School for the Autumn term. We will send an update at the end of each term for the following term.

Forest School

Our Forest School sessions return for this academic year, ably supported by Jen and her team at Woodland Wonders Forest School. These sessions are held in our onsite Forest School area and are led by the Woodland Wonders team with support from the teachers and LSAs in the class. Pupils should have appropriate outdoor clothing for Forest School sessions. Wet weather outer layers will need to be provided by parents for every session. Pupils can wear non-uniform on Forest School days. We recommend long trousers and long sleeves however, in extreme hot weather we understand that long sleeves may be too much. Pupils should have wellington boots or suitable outdoor shoes that are waterproof.

For the Autumn Term, pupils should come in wearing their forest school clothes. Please take note as to whether your child's session is in the morning or afternoon each week. If they have their session in the afternoon, please provide them with waterproof outer clothes and outdoor shoes (i.e. wellies) in a named bag for them to change in to after lunch. If they have their session in the morning, they can come to school in their full forest school kit but please remember to pack a spare pair of shoes (and socks) for them to change into if they get too muddy!

Autumn Term	Tuesday	Wednesday	Thursday
First week	No Forest School Sessions		
W/C 7 th September	No Forest School Sessions		
W/C 14 th September	Y3 Elm (am) Y3 Willow(pm)	Y2 Cedar (am) Y2 Chestnut (pm)	EYFS Cherry (am) EYFS Apple (pm)
W/C 21 st September	Y3 Willow (am) Y3 Elm (pm)	Y2 Chestnut (am) Y2 Cedar (pm)	EYFS Apple (am) EYFS Chery (pm)
W/C 28 th September	Y3 Elm (am) Y3 Willow (pm)	Y2 Cedar (am) Y2 Chestnut (pm)	EYFS Cherry (am) EYFS Apple (pm)
W/C 5 th October	Y3 Willow (am) Y3 Elm (pm)	Y2 Chestnut (am) Y2 Cedar (pm)	EYFS Apple (am) EYFS Cherry (pm)
W/C 12 th October	Y3 Elm (am) Y3 Willow (pm)	Y2 Cedar (am) Y2 Chestnut (pm)	EYFS Cherry (am) EYFS Apple (pm)
W/C 19 th October	No Forest School Sessions		
HALF TERM			
W/C 2 nd November	Y4 Sycamore (am) Y4 Rowan (pm)	Y2 Chestnut (am) Y2 Cedar (pm)	EYFS Apple (am) EYFS Cherry (pm)
W/C 9 th November	Y4 Rowan (am) Y4 Sycamore (pm)	Y2 Cedar (am) Y2 Chestnut (pm)	EYFS Cherry (am) EYFS Apple (pm)
W/C 16 th November	Y4 Sycamore (am) Y4 Rowan (pm)	Y2 Chestnut (am) Y2 Cedar (pm)	EYFS Apple (am) EYFS Cherry (pm)
W/C 23 rd November	Y4 Rowan (am) Y4 Sycamore (pm)	Y2 Cedar (am) Y2 Chestnut (pm)	EYFS Cherry (am) EYFS Apple (pm)
W/C 30 th November	No Forest School Sessions		
W/C 7 th December			

There will also be rescheduled beach days for Year Three on Thursday 10th September (Willow Class) and Friday 11th September (Elm Class). Further information will follow in the new term.

Physical Education (PE)

Pupils are asked to come into school in their CFS school PE uniform on their PE days. For further information about uniform and PE kit, please see the 'Key Info' section on our school website.

For PE, we aim to have one PE session for indoor PE and the other for outdoor PE. Indoor PE could involve dance or gymnastics in the Carmelite Hall. Outdoor PE follows our games curriculum and will usually be outside. However, due to other events taking place in the Carmelite Hall, there are often times when both sessions are outside. For this reason, please ensure that pupils wear clothing suitable for outdoor PE on their PE days. As we move into the autumnal months, please ensure that children have a coat every day.

All children will need to remove their earrings for PE lessons. It is not possible to cover earrings with tape; if your child cannot remove their earrings, they will not be able to take part in the lessons.

°This is a change from what was communicated last term.

Autumn Term	Indoor PE	Outdoor PE
Year R		Wednesday
Year 1	Thursday	Tuesday
Year 2	Friday°	Tuesday
Year 3	Wednesday	Monday
Year 4	Monday	Friday
Year 5	Tuesday	Wednesday*
Year 6	Friday	Wednesday

**Please note that when Year 5 are swimming they will not have an outdoor PE lesson as the swimming will be in place of this*

Swimming Days (information for Year 5 parents only)

Year 5 Swimming Autumn Term		
	Weds 2 nd September	No Swimming Lesson
	Weds 9 th September	No Swimming Lesson
1	Weds 16 th September	Year 5 Swimming
2	Weds 23 rd September	Year 5 Swimming
3	Weds 30 th September	Year 5 Swimming
4	Weds 7 th October	Year 5 Swimming
5	Weds 14 th October	Year 5 Swimming
6	Weds 21 st October	Year 5 Swimming
	Weds 28 th October	HALF TERM
7	Weds 4 th November	Year 5 Swimming
8	Weds 11 th November	Year 5 Swimming
9	Weds 18 th November	Year 5 Swimming
10	Weds 25 th November	Year 5 Swimming
	Weds 2 nd December	No Swimming Lesson

Year 5 will continue their swimming sessions this term at Westgate Leisure Centre. All children will need swimwear in school first thing in the morning each Wednesday as we travel by school mini bus shortly after morning registration. For all sessions, your child can be in PE kit for the day with a suitable swimming costume, in a named bag, along with a towel and a pair of goggles. Swimming hats are optional for all pupils, but recommended for those with longer hair. A suitable costume for boys would be a pair of plain dark-coloured shorts and for girls would be a plain one-piece costume. We strongly advise clear labelling of all your child's swimming kit. All children will need to remove their earrings for swimming lessons. It is not possible to cover earrings with tape; if your child cannot remove their earrings, they will not be able to take part in the lessons. In the spring term, Year 4 will start their swimming lessons, also at the

Westgate Leisure Centre on Wednesdays. Further information to follow at the end of the Autumn term.

In September, children will receive an invite to a new Google Classroom for the new academic year. Please keep an eye on Google Classroom for updates and any changes but we do try to minimise these as much as possible. Wishing you a fun-filled summer!



Mrs C Tunnicliffe
Head of Primary