



CFS Weekly Bulletin Thursday 3 February 2022

Important Dates and Events for Week Beginning 7 February 2022

- **Whole School: All week** – Community Focus
- **Whole School: Tuesday** – Safer Internet Day
- **Year 11: Tuesday** – 17:00 – 20:00 Pupil progress consultation evening (virtual)
- **Year 5-9: Wednesday** – Junior cross country
- **Secondary: Thursday** – U13s and U15s Lady Taverners
- **Year 5: Friday** – Deadline for residential trip payment – on ParentPay

Week 1 timetable for Secondary pupils.

Updates and Reminders

- **All:** As part of our community focus, we have launched the Fuzzy Project in school. All details can be found on Google Classroom but we have also put the resources on our website.
<https://www.chichesterfreeschool.org.uk/weekly-bulletin/>
- **Primary:** Sussex Community NHS Foundation have recently launched a wellbeing website for parents and pupils up to the age of 11. It explores issues surrounding Healthy Bodies, Healthy Minds and Healthy Issues; all of these are explored through our age appropriate PSHE Curriculum at school which can be found on the school website. Please be aware that there is a link at the bottom of the webpage that switches the information to a child friendly version. Think link can be found here: <https://www.healthforkids.co.uk/sussex/>
- **Secondary:** Sussex Community NHS Foundation Trust have recently launched an award-winning health and wellbeing website for young people aged 11-19. Health for Teens offers help with feelings, growing up, health, lifestyle, relationships and sexual health. The vast majority of the topics linked on this website are also delivered in school through our age appropriate PSHE curriculum, the plans of which can be found on the school website. This website will undoubtedly help both pupils and parents feel more knowledgeable in areas that can at times feel daunting, with regards to changes in behaviours, wellbeing and physical appearance. Please find the link here: <https://www.healthforteens.co.uk/>
- **Secondary:** Safer Internet Day is on Tuesday and we have added lots of helpful resources for parents to share with their children which you can find on our website.
<https://www.chichesterfreeschool.org.uk/weekly-bulletin/>
- **Year 5:** The second payment for the residential trip is due by Friday 11 February. Details are on ParentPay.
- **Year 9:** REMINDER, GCSE Options information can be found on our website,
<https://www.chichesterfreeschool.org.uk/year-9-guided-choices/>
- **Year 11:** Please see the links here to Open Events at Chichester College on 10th March
<https://www.eventbrite.co.uk/e/chichester-college-open-event-thursday-10-march-tickets-243020539977>
and Brinsbury College on 12th March. <https://www.eventbrite.co.uk/e/brinsbury-college-open-event-saturday-12-march-tickets-247201104157>

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Recruitment/Volunteer Opportunities

- **All:** We are looking for some **exam invigilators** for the GCSE exams this summer, running from 16 May until 24 June 2022. If you are interested, or know anyone, who would be able to support across the whole period, we do have some paid positions available. Alternatively, if you are able to help out on particular half days throughout the exam period, then we are also looking for volunteers to support the main team of invigilators. Any help would be greatly appreciated during this important time for our Year 11 pupils. Please contact David Collins, Exams Manager, on exams@chichesterfreeschool.org.uk, if you are able to help or would like any more information.
- **All:** The Primary team are looking for volunteers to help with a number of aspects of the school day, from lunchtime supervision to hearing children read. If you are able to help in any way, we would love to hear from you. Please contact Mrs Harris in the Primary Office to register your interest.
primaryoffice@chichesterfreeschool.org.uk
Please note that primary lunch takes place between 12:00pm and 1:00pm each day; reading times can be flexible.
- **All:** We have a number of recruitment vacancies live on our website.
<https://www.chichesterfreeschool.org.uk/recruitment/>

Covid Reminders

We are continuing to follow the Government guidance for Covid. i.e.

- If your child tests positive on a lateral flow but shows NO symptoms, they do not need to take a PCR test. Isolation should start from the date of the positive lateral flow.
- If your child tests positive on a lateral flow and DOES show symptoms, they need to get a PCR test and isolate until the result is through.
- If your child is currently isolating, if they test negative on the morning of day 5 and on the morning of day 6 they may leave isolation immediately and come to school on that same day. The lateral flow tests must be taken 24hrs apart.

To keep our pupils and staff safe please do not send your child to school if they display any of these 3 symptoms, no matter how mild they are:

1. **Persistent cough**
2. **High temperature (anything over 38 degrees)**
3. **Loss of taste and/or smell**