

COURAGE TERM 2021 After School Club Timetable – those completely in RED are fully subscribed

MONDAYS	HOME – end of school day	Supervised Study Yr7&8-SD Yr9&10Ma1 Y11Sc1	Football Yr1&2 Half termly payments of £25 MUGA Active 8	To The Music of... Xylophone club Yr2 Cedar SCA	Pebble Painting Yr1 Half termly payments of £20/£25 Primary Dining HT Creations	Film Club Yr6 Half termly payments of £5 Hazel ALG		
		Stitchtopia Yr7&8 DT2 TMP	Dungeons & Dragons Yr7&8 ART2 AEL	Fencing Club Yr5-6 Half termly payments of £19.20 & £24 Carmelite Hall S Blackman	Glee Singing Club To the Music of.. Yr5&6 MT JSN		Tap & Funky Jazz Yr3-4 £13.50/month PS1 Dance & Beyond	
		Deepen your History Knowledge through Films Club Yr9&10 Hum2 KNN	Dungeons & Dragons Yr9&10 Eng3 AMW	Roundnet Yr7&8 Sports Hall GDV	Roundnet Spike-It Coaching Half termly payments of £24 Yr3&4 Prim Playground	Recorder Club Yr4 MT HD	Designers Club £3 Yr9&10 DT1 RJC	



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WEDNESDAY	HOME – end of school day	<p>Supervised Study Yr7&8-SD Yr9&10Ma1 Y11Sc1</p>	<p>Drama Theatre Yr5&6 Half termly payments of £27 PS1 Theatre Arts UK ADVANCE NOTICE – NOT on 7th JULY</p>		<p>Film Club Yr4 Half termly payments of £5 Willow ALG</p>
		<p>Hip Hop Club Yr7-8 Half termly payments of £25 PS2 RnB Dance</p>	<p>Lego Club Yr3-4 Half termly payments of £27 Primary Dining Dizzy Ducklings</p>	<p>Gardening Club Y7&8 Garden PHD</p>	<p>Football Years 5&6 Half termly payments of £18 CFS MUGA Run By Chichester College</p>
		<p>Knitting Club Yr7-8 Sc4 CE</p>	<p>Multi Sports Yr1-2 Half termly payments of £25 Primary Playground Activ8</p>		<p>Sports Hall CPD</p>

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THURSDAY	HOME – end of school day	<p>Supervised Study Yr7&8- Secondary Dining Yr9&10Ma1 Y11Sc1</p>	<p>Rounders Yr9&10 MUGA RSO/SDY</p>	<p>Product Manufacture Club Half termly payments of £24 Yr5&6 Primary Dining HT Creations</p>	<p>Forest Club Year 4 £37.85 UNTIL 5pm Outside Woodland Wonders Forest School Book Half termly</p>	<p>Roundnet Spike-It Coaching Half termly payments of £24 Yr5&6 Prim Playground</p>	<p>French Fun Yr3-4 Half termly payments of £27 Prim Up Intervention Miss Clemy</p>
		<p>Photography Yr9&10 Ma2 SBA</p>	<p>Yr11 GCSE Dance Choreography All GCSE Dance Pupils PS1 HJT</p>	<p>Clay Club Yr8 £10.00 Art3 JLH</p>	<p>STEM £2 Yr7&8 MFL3 CK</p>	<p>Film Club Yr2 Half termly payments of £5 Chestnut ALG</p>	<p>Sama Karate Yr3&4 £5/session Carmelite Hall Sama Karate (pre-book direct with Sama)</p>
		<p>Cricket Yr7&8 Sports Hall GDN/SAP</p>	<p>CCF Yr8-13 Must already be a member Courtyard RCK/CHN</p>	<p>Yoga Yr5&6 PS2 JPL</p>	<p>Film Club Yr1 Half termly payments of £5 Oak CWG</p>		



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FRIDAYS	HOME – end of school day	<p>Football Years 3&4 Half termly payments of £18/£15 respectively CFS MUGA Run By Chichester College</p>	<p>Karate Years 1&2 £5 per session Carmelite Hall Sama Karate</p>
		<p>Ballet & Tap Yr1-2 £13.50/month PS1 Dance & Beyond</p>	

Club Descriptions:

- **Supervised Study; Years 7 - 13** This is a chance for pupils to independently catch up with homework, study or reading in a room that is supervised by one of our Senior Leadership Team in the Secondary dining hall. Once timetable they will be expected to arrive for supervised study prepared for an hour's study or reading in a quiet environment. Any absences must be reported to absence@chichesterfreeschool.org.uk this is not a drop-in session.
- **Everything English; Year 2** Each week we will spend time exploring different areas of English- this could be creative writing, listening to stories, spelling games, handwriting and much more. Come along and explore the wonderful world of Everything English!
- **Football with Activ8 - Years 1 & 2;** This club is provided by Activ8. Simply play football and increase your skill techniques. The club is run on the school's astro pitch come rain or shine so appropriate clothing must be worn at all times. **The cost is two half termly payments of £25.**
- **Football with Chichester College - Years 3 & 4, Years 5&6;** This club is overseen by the Head Coach of Chichester College (on site monitoring at all times) and actively run by 3rd Year students working towards their Level 3 Football Coaching Qualification. Get the very best advice on improving your football skills and fitness. The club is run on the school's astro pitch come rain or shine so appropriate clothing must be worn at all times. **Cost for the term is two termly payments of Wednesdays £18 and Fridays £18/£15 respectively.**
- **Film Club (different year groups on differing days);** Chill out and watch the latest available PG Films. **Subscription for this term is £10 (for each weekday).**
- **Pebble Painting Club Years 1 - 4;** This club is provided by HT Creations. Decorative pebble painting to be found round the school. **The cost is two half-termly payments of £24 to be paid direct to HT Creations.**
- **Contemporary Dance & Yoga with Miss Emmy - Years 1 & 2;** *Everyone must book! Lets get moving, lets get creative!* A fun and exciting contemporary class for little movers, they will be learning movement combinations with creative exploration! Dance, be creative and have fun! Yoga at the end of each class to stretch those muscles that have been working hard, a great way to end the day! **The cost is two half-termly payments of £22.50/£21.50 respectively to be paid direct to Miss Emmy.**
- **Times Table Rock Stars Club – Years 5&6;** Rock Stars to the ready....
- **Product Manufacture Club Years 5&6-** Time, ideas and experience provided by HT Creations and materials funded by the Friends. You will be making Christmas Decorations for the Friends to be sold to make funds for the school. **The cost is two half-termly payments of £24 to be paid direct to HT Creations.**

- **Knitting Club - Years 7 & 8;** Learn to knit, learn some new stitches and techniques. Make your own hand knitted flowers, hats, phone covers, scarves or whatever you wish to knit. Be the envy of all your friends because you can make your own unique accessories. Learn to read a pattern and design your own.
- **Hip Hop Club with RnB Dance - Years 7 & 8;** learn and perform routines to your favourite tunes with Rachael from RnB Dance. **The cost is two half-termly payments of £25 to be paid direct to RnB Dance.**
- **Roundnet Club with Spike-It Coaching - Years 3&4 and 5&6;** Roundnet is a team game (2v2) which resembles volleyball. This sport has the potential to develop movement skills, coordination and reactions whilst also improving relationship skills working in teams. The full version of the game is fast paced, spectacular to watch and highly athletic. The club is provided by Spike-it Coaching an organisation endorsed by Roundnet Great Britain. Roundnet is on the secondary curriculum for PE at CFS and there is a secondary after school club allowing for continued development and involvement in the sport. Additionally, there are some exciting upcoming opportunities including interschool tournaments to be hosted at CFS and regional competitions held at the University of Chichester as the sport grows in local schools. **The cost is two half-termly payments of £24 to be paid direct to Spike-It Coaching.**
- **Multisports (not football) with Activ8 - Years 1&2;** Learn a variety of team sports which help build confidence, balance, hand-eye co-ordination. This is an outside club whatever the weather, please wear appropriate all-weather clothing. **The cost is two half-termly payments of £25 to be paid direct to Activ8.**
- **Sama Karate - Years 3&4 and Years 1&2;** A disciplined non-contact karate club. An external provider, Sama Karate, run this club. This is a turn up and pay club and a weekly payment of £5 cash is required on the day. After 4 weeks of initial settling in a payment of £20 is required to join the club and includes insurance. Uniform can be bought from the club ranging from £23-£60. This club works towards Karate grading, which occurs every other month at a different location at a cost of £20, belts are £5 and can be bought on the day of grading once they have been awarded.
- **Glee singing Club To the Music of...– Year 5&6;** Sing your favourite pop songs Acapulco.
- **Yoga- Years 5 & 6;** Relax with a downward facing dog or a resting cat with Mrs Powell.
- **Drama Theatre with Theatre Arts Uk – Years 5 & 6;** Looking to learn skills and build your confidence for that all-important audition? Here is a place to start. **The cost is two half-termly payments of £27 to be paid direct to Theatre Arts UK..**
- **Instrument Club To the Music of... - Years 7 & 8;** A music club for everyone. Whether you can already play a musical instrument or not it does not matter as Mr Cotten will help you learn.
- **Choir Club – To the Music of... Years 7 & 8;** Sing your heart out!!! All To the Music of...
- **Cricket – Years 9 & 10;** Skills practise for the new season.

- **Deepen your History Knowledge through films – Years 9 & 10:** . We will be exploring the topics studied in your GCSE unit through the use of films and documentaries. This is designed to deepen your understandings and explore wider world context, this in turn will help consolidate your understanding in the classroom. These include films such as 'the Help', '13 Days', '12 Years a Slave' and many more. This will be designed around Paper 1 so America 1920-73 and Conflict and Tension between East and West 1945-72
- **Designers Club – Years 9 & 10;** Develop your designing skills to become a creative problem solver and master designer. In this club you will be using the full iterative design process to create new products for real problems. Each half term I will give you a context (theme), you will identify a product that you want to design for that context and then, using a range of materials, make a prototype of your product. **This is not a craft club**, though you will be learning how to build skilfully made models and prototypes using papers, cards, woods, textiles and polymers. We will be working in our design studio to give you access to everything that our GCSE Design and Technology students use for their projects. **Cost is £3.**
- **Recorder Club – To the Music of... Year 4;** Learn to play the recorder nicely.
- **Dungeons and Dragons Years 9 & 10 and Years 7 & 8;** a fantasy table-top role-playing game. The core of D&D is storytelling. You and your friends tell a story together, guiding your heroes through quests for treasure, battles with deadly foes, daring rescues, courtly intrigue, and much more.
- **Photography Club – Years 9 & 10;** You must have your own camera for this club. This is a skill-based learning club specifically for those who may wish to deepen their photography knowledge.
- **STEM – Years 7 & 8;** We are delighted to offer our pupils a great opportunity to explore, science, technology, engineering and mathematics (STEM) through practical science experiments and design and build projects. Working together in small teams the pupils will take part in practical problem-solving activities that will boost their knowledge, enhance team working, inspire creativity and promote enjoyment in these key subject areas. The club is suitable for pupils of all abilities. **Cost for the term £5.**
- **Ballet & Tap with Dance & Beyond Years 1 & 2;** Ballet will make you feel elegant and graceful. Tap will help you discover your inner rhythm! Develop your musicality, co-ordination, and memory skills by experiencing both contrasting styles in this fun, confidence building class! Uniform and tap shoes are required for further details please contact Veronica@danceandbeyond.com cost for this club is **£13.50 per month.**
- **Tap & Funky Jazz with Dance & Beyond; Years 3 & 4;** Dance to high energy, upbeat music and cultivate your inner rhythm by learning both Tap and Funky Jazz routines! In these classes you will develop coordination, fitness and a stronger confidence to perform! Uniform and tap shoes are required for further details please contact Veronica@danceandbeyond.com cost for this club is **£13.50 per month.**
- **Woodland Wanders Forest Club – Year 4; This club finishes at 5pm.** Year 4's turn to enjoy this club. There will be lots to keep your child entertained at forest school club and each week we will be offering something different for the children to learn, make and do. Ranging from fire lighting using a flint and steel, campfire cooking such as marshmallows, damper bread and pastries on sticks, using tools such as saws and peelers to make fun woodcraft items to take home, playing games, exploring, pond dipping, natural crafts and much more. You will require Wellies and thick



socks, appropriate outdoor clothing (as they will be outside whatever the weather) and a water bottle. . Payment is direct to Jen of Woodland Forest School.

- **Minecraft - Year 3&4;** Enter the gaming world of building blocks in an infinite sandbox game world. Simply explore, create and protect, it is easy to understand why this game has captured the imagination of so many. **Cost for this term is £8.**
- **Fencing Club - Years 5 & 6;** Learn the art of sabre fighting with Sharon and her team. **The cost is two half-termly payments of £19.20/£24 respectively to be paid direct to Sharon Blackman.**
- **Xylophone Club – To the Music of... Year 2;** Tap away to make a delightful recognisable tune – something totally devoted awaits this group.
- **Stitchtopia - Years 7 & 8;** Learn and create fashion items with Miss Pye. You will need to provide 2m of cotton-based fabric.
- **Clay Club - Year 8;** Pupils will have the opportunity to learn about the ceramics process starting with making their own objects, through to glazing and firing. Pupils will explore techniques such as coiling, slab building, pinch pots, plus decoration and will be able to take their completed object home. **Cost of the club is £10.00 to cover costs of materials and firings.**
- **Roundnet – Year 7 & 8;** Time to let off steam in this energetic sports club.