

Dance Road Map

Year 7

Introduction to CFS Dance
Basic dance actions, travel, floor work

Characters/ Confidence
* Engaging in Dance in front of peers
* Performance Skills

Stomp
* Incorporation of props into Dance
* Safe practice and group work

Choreographic Devices
Understanding key Dance terminology

Genres/ Styles of Dance
* Bollywood
* Haka
* Line Dancing

The Car Man
* RADS
Development
* Development of use of props
* Physical Theatre

Stimulus Tasks
* War and Gangs
* Motif development

Development of Actions and Technique
Performance skills developed

Introduction to Professional Dance Works
Emancipation of Expressionism

Year 8

Choreography
* Responding to stimulus
* Motif development

Street Dance
* Physical skill introduction

Performance
* Group work
* Safe and healthy dancers

Choreography
* Choreographic intentions
* Implementation of choreographic devices

Performance of Group Choreography
* Choreographic skills
* Performance skills

Artificial Things
* Choreographic intention
* RADS development
* Props
* Shorter mark responses

Development of Technique
* Expressive skills developed
* Floor work, complex actions and travel work

A Linha Curva
* Introduction to a GCSE professional work
Spacing and Travel
* Lighting

Year 9

Introduction to GCSE Dance
* Emancipation of Expressionism
* Key terminology

A Linha Curva
* Features of production
* 12 mark responses

Preparing for GCSE Dance
* Performance, expressive, physical skills

Safe Practice
* The roles of a dancer and choreographer
* Warm up/ cool down and injuries

Within Her Eyes
* Relationships in dance
* Lifts

Within Her Eyes
Contact improvisation

Shadows
* Interpretation
* 6 mark responses

Mock Choreography
* Motif development through RADS
* Responding to a stimulus

Infra
Analyse and interpretation for longer mark responses

Year 10

Choreography

Performance Trio

Shift Performance

Theory Revision for Final Exam

GCSE Exams

Year 11

Breathe Performance
Expressive, physical, technical and mental skills

Post 16

