

Justice Term 2 News Magazine March 2023





Principal's Message

Dear all,

I am definitely regretting my reflection in the last news magazine about how spring was around the corner; it still doesn't feel like it has really arrived! But it is lovely to see so many daffodils out now.

And here's hoping that, as we enter the Easter holidays, the sun will shine for us all a little more. Easter is always my favourite time of year – new beginnings, summer on the horizon. And - on a personal level - birthdays, my wedding anniversary and a few other really important family events. Whatever you are doing this Easter, I hope you get a chance to refresh, reflect and renew. Here at CFS, this is a chance for us to take stock before the always very busy but very exciting Courage Term. End of year productions, trips, Prizegiving, internal assessments, House trophies, plans for next year, transition events etc are all on the horizon. And of course, for Years 2, 6 and 11, external assessments. Year 11 in particular I know will not be having the usual break this Easter holiday, with revision going on both in and out of school. Thank you to all those staff running revision sessions over the holiday. Next time I write a message for a news magazine, the GCSEs will be well under way – so the best of luck to every single one of our Year 11 pupils!

New beginnings are certainly the order of the day for a valued member of staff this week – Mr Steve Day, Head of PE, is leaving us after more than six years at CFS. Mr Day has been a true asset to the School: as PE teacher in both Primary and Secondary; leading the way in our recent local success in competitive sport; as a member of our Middle School team and English department; and also as Educational Visits Coordinator – ensuring that all of our wide range of trips and visits happen! Whilst we are so sad to see him go, we are also all so proud of the next step he is about to make – becoming Deputy Headteacher of a local Primary school. Wishing Mr Day huge congratulations and the best of luck! What has also been fantastic is that Mr Day leaves behind him a true legacy – not just in terms of our increasing prowess on the competitive stage - but also through the mentorship of Mr Dean, who I am delighted to say takes over as Head of PE from next term. And we also have the pleasure of welcoming back Mrs Potts to the PE team, after maternity leave. Our Primary LSA, Mrs Newton, is also moving on and we wish her well for the future.

As ever, the following pages are full of some of the exciting things that have been going on at CFS over the last six weeks, both in and out of the classroom. I briefly want to focus on two events that have really stood out to me this half term, not least because of how they both epitomise the All-Through nature of the School as well as the exciting opportunities available to our learners. First, the Science Olympics – organised by Mrs Comins and her team. It was a fantastic event, where pupils really loved the activities and it was great to see so much Science in action! Who knew Mrs Crebbin was an expert in chromatography? Or Mr Elliman would sign up for the messiest practical?! The PE disco was amazing and, thanks to Mr Cook, Mrs Lloyd and CCF, we now have many pupils (and parents) trained to save our lives. Mr Lean's heart art was truly amazing, and The Big Bang Show was spectacular! Mrs Bodington-Howard's Chemistry skills amazed, Mrs Haylett did not electrocute anyone on the Van der Graff and Mr Lodge inspired with his dissection stand. And of course, Mrs Muriel with her amazing rocket launcher! Primary, Secondary, parents, staff – all came together in a true celebration of all things Science.



Principal's Message

And then to this week and our first musical since before Covid; 'Grease' was a colourful, vibrant, fun and energetic production. Again, bringing together our youngest and oldest pupils through Performing Arts. Huge thanks to Mrs Tulley, Mr Gregory-Reader and Mrs Davis, for passion, talent and wisdom as our Choreographer, Director and Musical Director respectively. Also, to all those staff who supported behind the scenes, especially Mr Elliman, Mr Lean, Mr Corser and Miss Pye.

Finally, I leave you this term with the exciting news that we welcome Mrs Claire Bourner after Easter – an experienced Primary and Secondary practitioner who is going to take on the new role of 'Reading and Literacy Champion' across the All-Through school. Championing a love of reading including developing our library spaces and extending the Accelerated Reader scheme.

Until then, wishing you all a wonderful Easter holiday!

With warmest wishes,

. Nee

Mrs Louise New Executive Principal

EYFS

Early Years have been working very hard this term. In Maths, we have been exploring number bonds to ten and using some catchy songs to help us to recall these facts. Our topic 'A Bugs Life' has been very exciting! We have learnt all about some interesting insects and can tell you lots of facts about bees. Our Butterfly Gardens are well under way! We have watched the tiny caterpillars grow big and strong, they have then hung in J shapes and turned in to chrysalises. Hopefully, they will become butterflies before the holidays.

We have now learnt all of the single letter sounds in Phonics and are now learning diagraphs (two letters together that make one sound). We are using this knowledge to read and write simple words and sentences. During our Forest School sessions, we have been helping the environment by planting trees and clearing the beds ready for growing our own flowers and vegetables. Another exciting thing that has happened this term is that the Fire Service came to visit us! We learnt all about the job that they do and how to stay safe in our environment.



Miss Emmett, Miss Smith, Mrs Golby and Mrs Sword

Year 1

This term in Year 1 has been packed with exciting learning opportunities as we have been inspired by a non-fiction text called 'Introducing Antarctica', to find out what it would have been like to be one of the first explorers to journey to this fascinating continent. We have written diary entries to explain the conditions faced by the brave explorers. We learnt how to ask curious questions and found out some interesting facts and information. We have been around the world in Geography; looking at the seven continents, in particular exploring the animals that live there.

In Science we have found out about a variety of different animals, including birds, fish, amphibians, reptiles and mammals. We looked at their diets and discovered which animals were herbivores, omnivores and carnivores. The excitement in school on the day of our visit to Marwell Zoo zoo to see the animals that we have studied.

In DT we have sampled different fruits and then designed and practised cutting skills to make our own fruit salad. What a fantastic term! Miss Marshall and Miss Lewis



Year 2

What a busy half term we have all had. We have all loved learning about significant people and in particular the astronauts and cosmonauts, from the first man on the moon to a more recent visit to the International Space Station by Tim Peake.

We had a visit from the company 'Dance and Beyond' and enjoyed an afternoon of space dancing. We have also had World Book Day, when we all came dressed as a favourite character from a book.

Then it was Science Week and we had a fantastic time collecting different items from Forest school to build a nest for a hen's egg which would survive a drop from a height. There were several eggs that did in fact survive the drop, much to the delight of the children! There was A LOT of mud involved and mess but it was very worthwhile!

Let's not forget the visit of the Fire Brigade, where we had a good look round an engine and let the hose off. Then of course, there was our 'usual' learning of Maths, English, History, RE, more Science, PE, art and French. We are all ready for a rest!

Mr Cook, Mrs Lowe and Mrs Bhutta



Year 3

What a wonderful half term, packed full of joy amongst the confusing weather! Justice 2 has involved a brilliant World Book Day with a range of great outfits and book talk and a truly exciting Science Week. During Science Week, we carried out many inquiries linked to forces, including investigating how far an egg could roll on different surfaces, which was the bounciest ball and whose egg would be the survival of the fittest. The children were engaged, full of excitement and creativity, working well in teams and loving the break from our normal routines. We found out about Sarah Goode and produced super biographies about her successful design of a fold-out bed.



Our Rivers to Coasts topic has led us to some great poetry writing inspired by David Attenborough and helping to save our world. More recently, the children have been writing narratives describing the journey of a river and using their ever-growing knowledge of rivers and coasts, locally and further afield. Our young artists have stepped away from drawing this half term and made sea creatures using junk modelling. Year 3 have been working hard on their fluency facts and continue to enjoy the competition on TTRS. Thank you for your ongoing support with this at home.

Reading for pleasure continues to shine through and be a focus for us in school and at home. Elm class have been enjoying their class book Matilda and have produced a fantastic dance to the song 'Revolting Children'. Willow class continue to enjoy visiting the library and love Miss Beadle's collection of 'Where's Wally' books. Happy Easter from the Year 3 team. Miss Beadle and Mrs Grace

Year 4

It has certainly been a busy half term for Year 4. Like Year 3 we have thoroughly enjoyed exploring our topic 'Rivers to Coast' with many exciting learning experiences. In writing, we have created poems that have been inspired by David Attenborough and an aim to save the world. Recently, our writing has been inspired by our Science lessons where we have explored the water cycle. We have used our knowledge to write exciting narratives that tell the journey of water during the cycle. In Art, we have enjoyed learning about the artist Veronika Richterova and her amazing sculptures created with recycled materials. We then went on to create our own sea life sculptures using recycled materials.

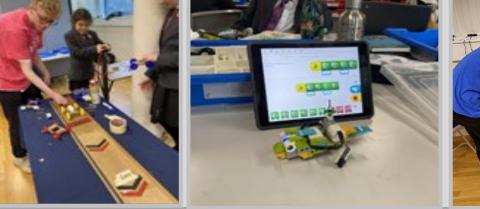
Once again, World Book Day was a huge success. We saw some amazing costumes and the passion form reading shone throughout the School. We also had lots of fun during Science Week with a theme of connections. We undertook many exciting investigations with paper bridge building being a highlight. Team work and creativity were key. Also, creating volcanoes using bicarbonate of soda and vinegar was a very messy, fun experience. We have also enjoyed conducting research into the scientist Marie Curie and created biographies about her life. It was inspiring to find out that, not only was she the first woman to be awarded the Noble Prize, but she was awarded it twice! Our favourite moment of Science Week was when we got to release tadpoles into the pond area of Forest School. We had some interesting names for the tadpoles and Taddy McGuiness certainly got a laugh. Mr White and Mr Wilson

Year 5

How much can you cram into a half term! We kicked off on the first day enjoying pancakes in the class on Shrove Tuesday! We have been incredibly busy in Year 5 with Science predominating our six weeks. Our topic has been forces and we have made parachutes and investigated friction.

However, we have also had a fantastic Science Week; researching and writing biographies about Katherine Johnson on CANVA, investigating the growth of yeast, making a food web in the Carmelite Hall, creating amazing posters on the theme of connections, making barometers and investigating our fingerprints all the time thinking about the different careers we could go into should we study Science in Secondary.





The text we have been reading this term is The London Eye Mystery by Siobhan Dowd. It has turned us all into detectives as have come up with many a theory as to what happened to Ted's cousin Salim when he didn't get off the London Eye. We have written a police report as if we were the detective in charge of solving the mystery.

We have looked at coding this term using the Lego WeDo kits as well as the app Playgrounds which has extended us more into programming.

The firefighters came to visit on World Book Day, they made sure we all checked our fire alarms at home to ensure the batteries were working and to see if we had an exit plan should we hear the alarm in the night. We read the story The Path that day and wrote about a moment of choice thinking about the respective consequences before making a decision. We also created a piece of artwork to go with our writing.

We hope you all enjoyed the Mother's Day cards which the children made with pride and were very worried about keeping hidden until Sunday - they were made on the day; we wore something funny for money. This week we have had our Parents' Evening and our trip today to reinforce both coding and forces at Paultons Park to look forward to. Happy Easter from everyone in Year 5.

Miss Potts and Mrs Wade

Year 6

We've had a brilliant half term in Year 6. In Science, we have been learning about forces. We've completed many investigations, exploring effects of forces such as friction, air resistance, water resistance and gravity. We also explored the benefits of mechanisms such as pulleys, levers and gears. Using this knowledge, we've used the incredible Lego WeDo kits to design, build and code moving models, including fairground rides.



The children LOVED Science Week! Year 6 were tasked with exploring the theme of blood. First, we made models of blood to understand what it consists of. We used yellow water to represent plasma, cereal to represent red blood cells, and marshmallows to represent white blood cells. We also added platelets – although we were a little freaked out by the fact that these cells grow little tentacles inside our bodies to form blood clots and help us stop bleeding! In English, we learned about the scientist Charles Richard Drew and wrote biographies about his influential life: he saved countless lives in World War II as his scientific research allowed for blood to be more easily stored and transported – this was essential for blood transfusions.





This half-term we have been lucky enough to attend Forest School. We have made smores, soup, pancakes, and bread over the fire. We've enjoyed exploring the environment, discovering creatures, and building dens! Most importantly, we've enjoyed having time to just play together... forgetting about those pesky SATs for a little while! Mrs Wilson and Miss Stapleton

Year 7

This half term Year 7 have been very busy widening their personal development skills and supporting the school community. Here are just some of the things we have been up to:

- Year 7 Dragons Den Presentations to the whole year group. Taking part in the School's production of Grease.
- Support Primary in Mothers day gift making.
- Year 7 tutor creating and delivering their own topic of presentation. Year 7 Aquila with Miss Kite delivered an amazing assembly on CFS Breaking News.
- Taking part in many sporting fixtures.
- Representing CFS in the Young Chef competition
- Taking part in Charity week
- Thousands of reward points.

We have seen a huge improvement in pupils self-esteem and behaviour and Mrs Hermans and I are incredibly proud of Year 7. Have a well deserved break and a lovely Easter Holiday.

Miss Oxley and Mrs Hermans, Head and Assistant Head of Year 7



Year 8

Now that I have completed my 1st term as Head of Year 8, I can relax and reflect. The main words that come to mind is 'what a privilege.'

I have been part of so many positive experiences, experiences that have made me smile, laugh, and feel immensely proud to be the Head of Year 8.

Experiences like watching the pupils play rugby, hearing about cross country success, observing design technology lessons where pupils shared exciting products that they were making, reward assemblies with over 70 pupils receiving certificates of recognition and much more.

One highlight was seeing so many Year 8 pupils take part in the school's 'Grease' production. Seeing so many of them not only take part but sing in front of a live audience showed real determination and passion for something they really care about. I look forward to seeing future productions with this group as they go from strength to strength.

Mr Tilling, Head of Year 8

Key Stage 3 & 4

Year 9

We are at the end of another busy term for Year 9 which has been full of fantastic achievements for all the pupils both in and out of the classroom. The Guided Choices process is very nearly complete which is an exciting prospect for the start of Year 10. Next term sees the final stages of the Dare to Dream programme with a visit to the Rolls Royce Plant at the end of April for some pupils. Our rewards trip is also being planned so now is the time to focus on boosting those House points! Reading through the latest progress reports has been a very positive experience for me and it is lovely to see the pupils achieving so well in so many areas. May I wish you and your families a Happy Easter and I look forward to seeing everyone back for the start of the Courage term. Ms Turnbull, Head of Year 9

Year 10

What a packed term! Year 10 have experienced the first full session of The Avocado project! This has been an exciting opportunity for children to go on a American style school bus (onsite) and learn all about self-empowerment, resilience, determinations and self-worth with snacks and great activities. We have had incredible feedback from the children about how valued they felt so Thank you Hannah Cecil and Ali for allowing us the opportunity to join you on this journey, we look forward to seeing you again next term.

Mrs Tulley and Mrs Godfrey, Head and Assistant Head of Year 10

Year 11

It seems just yesterday I joined the school as Head of Year 8 but this is almost it for my time with Year 11. I want to thank each and every pupil and parent for coming on this journey with me and sharing the good and not so good times... Who would of thought that when I started as Head of Year 8 we would between us, out last two Assistant Heads of Year (I know they both miss you greatly) and survive a global pandemic together. Now you have grown to be the best year group in the School (OK, so my opinion on this may be biased a little) with so many talented and caring individuals. You will all be missed greatly by both myself and the School as a whole. I look forward to celebrating with you all at the Prom and then results day! Don't forget, with less than six weeks to go, my message from assembly: Short term sacrifice for long term gain – now is the time to sacrifice!





Mr Elliman and Mrs Godfrey, Head and Assistant Head of Year 11



Maths

Our weekly TTRS competitions are going strong; well done to Rowan class who are now the Ultimate Champions in the Primary phase. Year 1 are now slowly being introduced to the app so have joined the competitions too. Maple class (Year 6) helped the children set up their accounts and taught them how to calculate multiplication and division facts using the 10 times table.

Across the School, children have enjoyed seeing the relationships between Maths and Science during Science Week. Additionally, Year 5 have been applying their Maths skills to help with Computing lessons. Who knew spreadsheets could be so fun?



A plea for help!

I am hoping to deliver a Maths careers event to our Primary children but I am in need of some volunteers! I am looking for people who are willing to come into school on an agreed date to talk about how Maths is used in their jobs – hopefully inspiring children towards future careers! I'm looking for a range of jobs, from architects to software developers to those who own their own business.

If you feel this is something you can help with, please email me at rupton@chichesterfreeschool.co.uk and we can discuss this further.

Mrs Wilson

Maths

Secondary

Year 7...

...continue to work hard. Understanding shapes, working with circles and constructions are just some of the challenges that they have been undertaking. The Year 7 Maths team still comment on how well the pupils are doing on their journey to GCSE, highlighting their abilities to remember key information.

Year 8...

...have been doing some excellent work taking on linear graphs with ease. They have also explored how to use coordinates. There are some pupils who will excel on the Duke of Edinburgh award or the Combined Cadet Force specifically around map reading skills.

Year 9...

... are still getting into a comfortable position to start their GCSEs by spending time this term looking at Quadratics.

Year 10...

... fresh from their mocks are now fine tuning key areas to ensure mastery!

Year 11...

...have got their mock results back and have taken the next step by focusing in on what knowledge gaps they have and working to get them covered. All that is now left for them is an intensive month of Maths revision focussing on exam preparation.

Mr Tilling

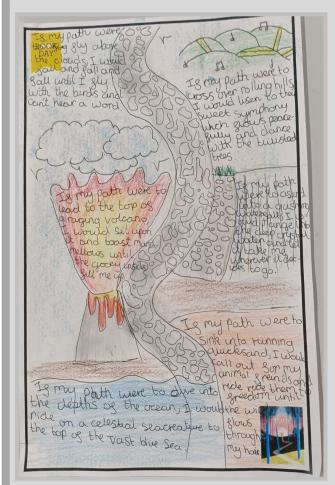
English

Primary English

For this edition of the Primary English update, I wanted to share with you some of the work the children produced as part of the World Book Day celebrations on Friday 3rd March 2023. All the children in Primary (and Secondary too) read a book called 'The Path' by Bob Staake. It is a tale all about challenge and adversity and how we are all able to overcome this. It is also about following the path laid out before you, making choices and that some of those choices may lead to you treading your own new path.

From Year 1 to Year 6, the children engaged with this text on different levels, some writing about a problem they have had and how to overcome these, some looking at the settings and others looking at choices being made in the world currently. The photos show some of the work completed on that day.

It was lovely to once again see all the costumes and for the children to share their favourite books with their friends and their teachers.





As thou was malk selectly BOOK DAY SS Geart brack Sard and Seethbough ghas you will seah pappi Felles because you very select place, you walk as your leas car aring wen Sudden 110 go pllpple without Lour body will be beggera or any sound it can get! Some of the houses ar some you can't shover the would shocked

English

Year 8 have been studying both Literature and language this half term. We have read Robert Swindells' thriller 'Abomination' and focussing on understanding and interpreting the text; inference skills; character analysis; exploring themes and moral issues; author's message; personal response; and, last but at no means least, reading for pleasure. We have also used the novel as impetus for our own imaginative writing and what we are showcasing in this edition are excerpts from a piece called: Into The Cellar . **Ms Elmes, Head of English**

The whole room turned fiery red and I realised I was in a cave with no way out. The stairs started to tumble right in front of my eyes. Then I heard something growling. I turned around slowly, and I realised. It was the end for me. **Millie Nestor**

I was on the last step when I smelt a disgusting odour. I tried to ignore it. There was another candle so there was finally hope! I ran towards it, but, as soon as I was about to grab it, my face went into a world of cobwebs. 'AHHHH!!' I screamed.

There was a sound like a window opening and I looked around to see nothing. I have to do this for my own sake! I grabbed the key, unlocked the lock and there it was... Isla Sword

Wood with old rotten bits chipping away with the smallest touch. The sound of the floorboards creaking whenever you open the door to the cellar. There is a smell of rotten food or something so rotten that it is an indescribable thing. James Clark

The walls were covered in peeling paintings. They all seemed as if they were looking at me so I kept my head down. The little old gate was awful; broken, mossy and frail. Down. Down. Down. Endless stairs. They were reoccurring. I found a small rock on the ground. I dropped it down the middle of the twirling stairs to see how long it would take to get to the bottom. 1...2...3....4....5....6...7. Seven seconds for the rock to get down. Jamie Cantwell

Creaking, the door slowly slid open to reveal a long, abyss of winding stairs. I was hesitant whether or not I would venture down them. Like a mouse, I very carefully took my first step down one of the stairs. My immediate thought was it was unstable. I felt like it was about to cave in underneath my feet, you could tell it was ancient. But I kept going. Every step I took made a screeching sound, almost like it was trying to warn me of what was at the bottom. But I kept going. Joe Chomka

The door. I see a long spiral staircase as a rock tumbles down off the slippery side of the stairs by some windy force. I hear a gasping voice struggling to breathe and echoing through the gloomy room. I cautiously creep down the stairs with my back hunched. **Ryan Standerwick**

It opens slowly. It was made out of a big heavy wood. Behind it was darkened and when you go in you can hear strange creeping sounds like someone was talking but not to you. Who goes in there never comes back... Ethan Barrett

Screaming and whining. The ground wasn't shining it was mossy and mouldy like an overgrown garden. There was ramshackle stone with stalagmites hanging from the ceiling in a spiral motion all the way down. **Finley Gilbert**

It was cold. Bone cold. My mouth went dry and all I could taste was metal almost like the metal from the doorknob. As I opened the door, it made a loud screech, just like a whining dog. **Brooke Beeby**

I took a deep breath and stepped into the cold, cobbled stairway and was instantly hit with the musty, thick, damp air and musty smell of the forgotten room. Swiping aside the curtain of cobwebs I attempted to flick the light switch on. Flick; the light didn't turn on so tried again. Flick. It was to no success and so, with a lot of trepidation, I continued on down. Descending on into the never-ending darkness. With each step, my anticipation on what could be hiding down there, waiting for me grew. I ran my hand along the cracked, crumbly wall, my fingers catching on the rough stone and being sliced by the sharp flints. I took one more step that landed me in the dreaded cellar. **Thomas Stubbington**

English

The door opened. The smell of the cellar flew up my nostrils and then the only thing left was the taste of dust in my lungs. A splintery wooden bannister covered the left side of the twelve stairs. My foot quivered as I entered the cellar... **India May Harood**

I reminded myself I might not be the only one here and I felt vulnerable again. Without the light from the window, it was almost pitch black but with what I could see it wasn't just a window it was a room. A whole room. I was curious so I kept walking. I traced the edges of the room because I know that if I walked straight to the middle I'd be dead. I was almost certain. **sabella Lattin-Rawstrone**

With my hand, I reached forwards and the wood brushed against each of my fingertips. I could feel a submerged splinter beneath my skin. A raw shiver travelled down my spine as I grasped the bitter handle. I twist. Metal shards shatter to the floor. With each step, the dimmer my surroundings become and my vision fades to nothing with a creak shut. I was in. **Amelia Ashcroft**

Like the first door this one was withered and worn. The handle was shining silver with a carving of a minotaur. You open the door. It wines as if its alive, and has just woken up, and hasn't moved in a century. **Samuel Butler**

He pressed his hand to the doorknob, heart beating as he turned it. As he took a petrified step into this mystery room, there was a spiralling set of stairs contrasting with the beige colour of the gloomy walls. **Harvey Ayling**

Thinking and thinking because the bellowing noise beneath intrigued me. I had to open the door, so I did. The rust was scouring my hand. I thought of turning back but I had to carry on and not worry. Looking down the stairs, every step was more creaky, damp and unstable than the other. It was extremely draining. I put my foot down on the next step and BANG, CRASH I slipped. My back hit the step and I went shooting down toward the bottom. I hit the floor. **Rudi Duke**

Ghostly sounds echoed through the keyhole and flooded my senses. Shaking, I reached out my fingertips and began turning the knob. Smooth creases dented the surface from all the times that it had been turned. **Mya Dunning**

It was as if it was staring at me with its rotten wood planks which were covered in cracks. It stood tall and proud like it was hinting for me to enter. Nobody knows what's on the other side or what was making the unhuman noises at night. Nobody knows... Frankie Hains

When I entered the back garden and saw that door, the old worn out door, I felt that I should not be here. I wished I could not smell. The door smelt like rotten flesh and old dead smells. Imagine, when you are about to tell someone something embarrassing and you're nervous. Well that was what I felt when I touched the door. Cold, abandoned and wrinkled. That was what the doorknob felt like when I touched it. **Ceaser Trussler-Carter**

Gloomy, dark, wet. That was behind the cellar door. Its unappetizing look would shoot shivers down my back. With a door on its last life and a handle in the rust, the worst punishment would be being sent down there. My hand was shaking over the bronze lever. Squeaky springs twang. Along with insecurity towering over me, freezing air passed through my nose. There, right there, the rotting wooden door was creaking open into the darkness. The silence deafened me to my core. **Samuel Peek**

A scream. I leaped and then began to run from left to right tripping over discarded buckets, furniture and boxes. I fell into cabinets full of abandoned books. Then I reached the wall and stopped. The flaking plaster was crumbling beneath my fingers whilst slowly I turned to see two red eyes staring at me. I was not alone. **Sophie Cath**

As the door creaked open a smell of sawdust engulfed my nostrils. The door was a dark brown with an old metallic door handle that felt like smashed up pieces of glass with serrated edges. I was telling myself to turn back but the voices in my head told me to open the door. "Open it!" "Open it!" Thomas Knight



Creative Arts

Our Year 8 DT pupils have been developing and honing their textiles skills this term. Pupils have practiced their hand embroidery skills before going on to make their own hacky sack. Next they made a cotton pouch, comparing hand sewing and machine sewing, and will now design their own 'swag bag'. We look forward to sharing their final products next time.



Sport

This will be my last newsletter at CFS. After Easter I will be moving to a new leadership role in a local Primary school and I would like to extend to my successor, Mr Dean, every success as CFS continues to evolve. I would also like to take the opportunity to thank all the parents over the years who have supported and valued their children's involvement in PE and extra-curricular clubs and fixtures.

I've been Head of PE for over five years and I'm certainly going to miss the all-through structure, seeing the pupils grow and develop into confident individuals, and teaching the 'whole' pupil, having taught my fair share of other subjects! For example, Willow Skipsey, who's dedication and recent achievements in waterskiing, see link here: https://www.britishmediacompany.com/supportingwomenssport reminds me of the remarkable sacrifices some of our pupils make for their sport, and I want to wish her and those like her, the best of luck in the future. Willow, also a main feature in our girls Rugby team (see below), has been here since before I joined, and I stumbled upon a photo of an art lesson I popped in on many moons ago... here she is with Tamsin, another great female athlete at CFS, getting stuck into their drip paintings! Sorry girls!

This term has been special for me as I don't think I can remember a time when there was so much breadth and success in one afternoon – a great way to sign out - as well as so many staff involved in supporting extra-curricular fixtures (see reports below) and I want to take this opportunity to thank all the staff who make this possible. Thank you to all and best of luck for the future.

Mr Day, Head of PE



Running Club—Mr Green, Head Coach!

A day of sporting triumph continued with the machines playing their part at a freezing afternoon meet at Horsham. A new intake of Year 7s were making their first appearance and had a brutal start to their journey in a field of 300 runners with three finishing in the latter half. Gabriel B, however, secured his seat in the front half of the bus on the return journey following a magnificent top 50 finish.

Year 8 have, of course, benefited from half a year's training - well aware of the price of failure - and in a field of 300, secured places of 18th (Harry C), 32nd (Arthur R) and 52nd (Oscar G). Lead machine Cruttenden will now compete in the South East finals in March. Congratulations, as always, in moderation please!

A rash of enquiries from parents about availability in the fastest growing club at CFS have been very welcome and are given due consideration at our weekly meetings between agenda item 1 (whose turn is it to stand under the basket ball hoop whilst...) and item 3 (prize for the noisiest stretch during warm up). You get the point.

Finally - the machines have been amongst 40 (forty!) runners representing CFS at the corporate challenge running race this week.

Sport

Girls Rugby - Mrs Brett

Two wins from two. It sounds like a fairy tale but in fact it is a reality. CFS Girls rugby under new 'Head of Skills and Contact' Miss Evans and myself took 11 excitable Year 9 girls to Havant Rugby Club for an afternoon of coaching and matches. When they arrived they sprinted out onto the astro pitch with enthusiasm and warmed up like professionals with captain (Willow Skipsey) leading stretches.

As 3.45pm approached the excitement and tension built, by the time 3.50pm had arrived and no other teams had turned up I was desperately checking my emails to make sure I had the correct day. By 3.55pm Purbrook, Warblington and Oaklands had all arrived and everyone was warming up for the big match!

Tension was at fever pitch much like getting two balls on the lottery and waiting for the third to come in, and boy did it come in. CFS played against the Blue barbarians (Oaklands and Purbrook), starting off playing touch rugby to ease them into contact (much to dismay of our girls). The girls moved the ball brilliantly between each other and worked well, however it was obvious that they were desperate to move on to contact, Captain Skipsey rousing the troops with a rallying speech to get them ready for battle.

Throughout the whole game, our CFS girls did not hide from contact. Instead they went looking for it like bees to honey, even the girls that only joined us last week. Becca 'Wolverine' Evison came in with some shuddering hits. Millie Anas ghosting past the opposition like a cheetah hunting its prey, scoring two of the four magnificent tries with Maddie Kilvington scoring the winning try making the final score 20-0 to CFS!



Basketball — Mr Day

I accompanied the inspirational and rousing Head of PE (his words not mine) and his assistant to Midhurst for a year 10/11 Basketball fixture last week and I can wholeheartedly say that I was super impressed by the skills on show. Under the helm of big-time baller Bayrakter, the team were off to a flying start with 2 points from the captain himself. The stars of the show were the dedicated Year 10s, however it was great to see them passing their knowledge onto the Year 11s.

As half time approached, Mr Day received a cup of tea, no sugar, from the Midhurst staff room printed with an inspirational quote 'keep calm and cougar on', with a wink and a wave. Those grey hairs starting to eek out.

The end of normal time resulted in a draw 17-17 with intense need for extra time. Five minutes was granted which got Mr Dean excited. The boys worked hard, with tireless attempts at goal. Immense pressure from the opposition side-line did not stop them when a ball dropped through the hoop by Riyan- we had the reigns, full steam ahead. Another goal from Lucas but also one from Midhurst left the game at 23-21 to us, and a cherry on the cake for CFS sporting achievement. As said by Ben in Year 11- 'We got a fat W'.

Media Studies

What a fantastic couple of days with an amazing group of young inspiring minds.

Investigating original ideas, interviewing and filming professional voices and producing news reports for the BBC Young Reporters Competition.

CFS pupils have truly demonstrated their passion, dedication and creative ability for filmmaking in the specialism of news reporting.

Fingers crossed for the BBC competition however they are all winners in our eyes.







CCF

Hello again from everyone from CFS CCF. We have had a busy term with the cadets learning a number of new skills.

In January we welcomed our new Year 8 recruits. They have settled in well, enjoying all the activities on offer. We have renamed our sections after battle honours won by the Grenadier Guards (our affiliated regiment).

In March, we delivered some Skill at Arms training to some of the cadets. This teaches them about the cadet weapon system, how to use it safely and how to clean it. This is a very taxing weekend, but the cadets attacked it with their usual enthusiasm.

We have very sadly now said goodbye to Lt. Harris. She has moved roles within her work and this now means she is no longer able to continue with us. Mrs Harris has been a key member of our contingent for many years and will be missed. I'd like to take this opportunity to publicly thank her for all her time and effort that she put in to making the cadet experience at CFS as great as it is! In other staffing news, congratulations to 2LTs Dascalopoulos and Lloyd for their recent promotion to this rank. They have also now officially received the monarch's commission. 2LT Dascalopoulos has also taken on the role of Army Section Commander with Lt. Harris' departure.

Congratulations to Cadet Lance Corporals Dunne, Smith, Cleghorn-Blair, Thomas, Hackman and Julian for passing their CFIT training which will allow them to teach some of the basic syllabus to the younger cadets. Further congratulations to the newly promoted Cadet Corporals Cleghorn-Blair, Smith and Thomas.

An exciting term ahead awaits our CCF with Summer Camp at the end of June. I look forward to filling you in on this in our next update.

Captain Cook Contingent Commander





21

School Houses

House points have been awarded depending on each events criteria. Below are the current House points awarded and congratulations to all the pupils who have taken part! From all of us, The House Champions, Presidents, Ambassadors and Heroes, have a wonderful holiday; rest, relax and come back ready to go!

House Points Total From pupil reward points:

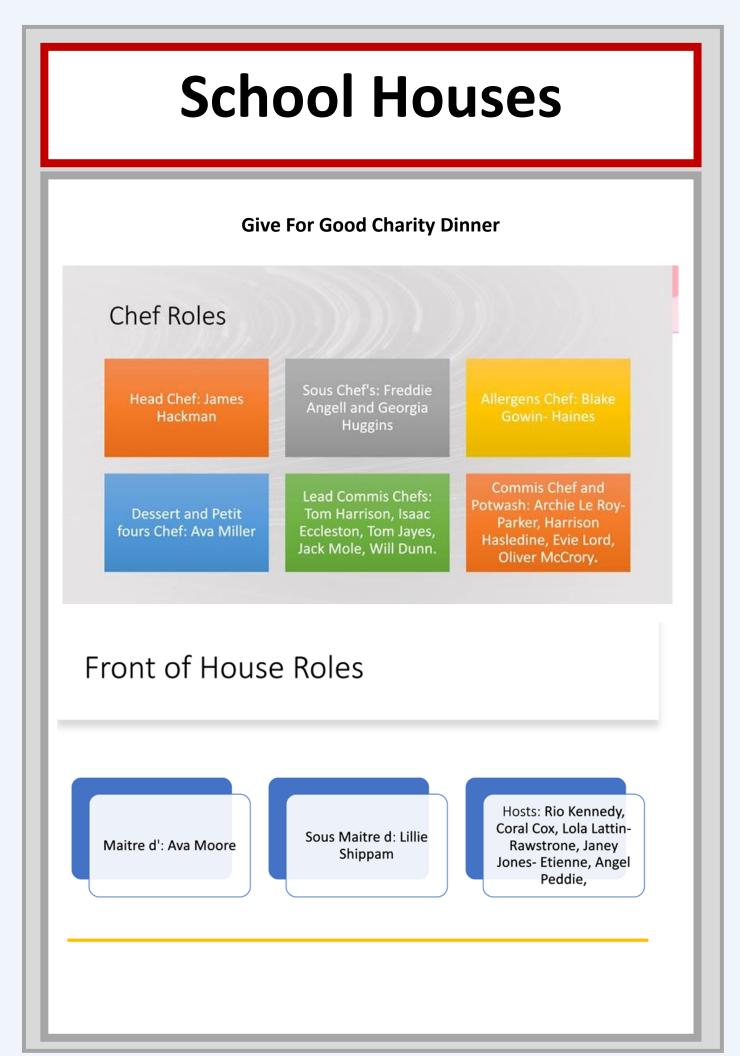


How has Easter come around so quickly? This half term has flown by with more activities, applications for the Give for Good Meal and obviously even more house points coming in.

We started our new half term with finishing up our community work with Community Fortnight and celebrating our amazing pupils achievements. As well as Harry and Isla who we mentioned in the last magazine for their amazing community work, several others have joined in from a group of pupils volunteering to help with the younger pupils in Horse Riding club in our all through school to many pupils doing litter picks and Lilyrose in Year 7 made some beautiful baked goods. The great Fuzzy Hunt continued with just over 200 fuzzies going out into the community all around Bognor and Chichester, though a few made it even further afield and were taken to new homes in Ireland, Birmingham and one lucky Fuzzy brought a smile to one young lady visiting Chichester from Spain. A huge thank you and well done to all those who took part and contributed to making someone's day a little brighter.

We have also had the start of our Charities fortnight, more from Miss Emmett and Mr Dean about this amazing spirited week on the next page. A date to keep in your diaries is our slightly postponed Give for Good Charity Dinner now happening slightly later in the year on **25th May.**

We received an abundance of applications to contribute towards this year's Give for Good Charity Meal with some of the most detailed and kind applications we have ever received. It was extremely hard to get the final team narrowed down and we wish we could have chosen everyone for this event. However, after much deliberating we can announce the following students have been successful in their applications and will be cooking up a storm or putting their best foot forward in the front of house team this year:



House Competition

The Bike-a-thon brought about a healthy competition with Noctua and Aquilla teaming up to take on Pegasus and Phoenix. The event raised money for two charities: St. Richards Hospital Children's Ward and A&E and the Chichester Information Shop. The event took place over two school days with the focus on participation with the houses who has the highest number of participants in the event winning the cup and title for this year. Pupils booked a timeslot in the day to cycle for 30 minutes to contribute to their House's total.

The winning side, and by a narrow lead, was Noctua and Aquilla taking the lead with only two more entries. Regardless of the score, it was an excellent opportunity to bring the school together in some physical activity and in the interest of raising money for good causes. Well done to everyone involved!



Year 7 girls putting in a shift for their Houses!



A Year 7 duo taking a more gentle approach to the bike-a-thon.



Concentration from our Year 11 pupils who took the time to complete the event in break.

House Charity

Thank you so much for your support with our charity week events. The Teddy Tombola was a great success! The House Ambassadors enjoyed organising the teddies and running the stall and the queues filled the corridor! We decided to focus on the Teddy Tombola and will be running the book stall at another point in the Summer Term. Thank you so much for supporting this event; we raised over £100 from the sale of Tombola tickets.

Jazzy Jelly was a massive hit with the Primary pupils on Friday. Thank you to Teddy, Darcey and Poppy, some of our Secondary ambassadors who helped run the stall. Again we had queues out of the door and everyone enjoyed the different flavours and the sprinkles on top of course! This raised just under £100 which again is a fantastic amount.

We are really pleased with the success of the Secondary events too. The donut stall and the Bikea-thon raised a combined total of just over £100. Thank you to all Secondary pupils who got involved and supported this event.

So a grand total of over £300 was raised over the course of the week which will be split between the two chosen charities - The Information Shop and St Richards Hospital Children's ward.



Grease the Musical



Principal's Award

This term, the following pupils have received the Principal's Award. They have received five House Points and enjoyed a celebratory tea party with Mrs New. Well done to everyone!

Emily Ferris	Year 1	For some great writing using expanded noun phrases
Elsie-Mai Morey	Year 1	For some fantastic independent writing
Evelyn Cohen-Bartle	Year 2	For taking part in Beach Cleans over half term to help look after our community
Tudor Lock	Year 2	For carefully designing and painting a lovely picture of the planets
Betty Baker	Year 3	For her fantastic progress and effort towards Times Table Rock Stars
Ophelia Neal	Year 3	For great enthusiasm, teamwork and showing resilience in Netball
Jarvis Riseborough	Year 4	For litter picking in his own time to help look after our community
Madeleine Yelland	Year 4	For being awarded Best Defender in Netball
Leo Beresford	Year 5	For producing a lovely science poster for science week
Mia Evans	Year 5	For winning a trophy in a gymnastics competition
Gracie Anderson	Year 6	For cutting her hair and donating it to the Little Princess charity
Amelia Angell	Year 6	For delivering a brilliant Anti Bullying Assembly
Harry Stubbington	Year 6	For delivering a brilliant Anti Bullying Assembly
Jayden Wingate	Year 6	For helping a group of Year 4 pupils with their multiplication facts

Principal's Award

This term, the following pupils have received the Principal's Award. They have received five House Points and enjoyed a celebratory tea party with Mrs New. Well done to everyone!

Samuel Bashford	Year 7	For an amazing model castle created for History homework
Theo Cook	Year 7	For some excellent creative writing in Science to describe the journey of the sperm in, "the great sperm race."
Jonah Gilmore	Year 7	For achieving a 100% in French assessment, and always contributes positively in class
Samuel Johnson	Year 7	for working incredibly hard on Grease and performing at lunchtime and for some excellent creative writing in Science to describe the journey of the sperm in, "the great sperm race."
Kingzley Lilley	Year 7	For some excellent creative writing in Science to describe the journey of the sperm in, "the great sperm race."
Teddy Vilday	Year 7	For some excellent research and presentation on Chile
Jessica Andrews	Year 8	For delivering a brilliant Anti Bullying Assembly
Oscar Bailey	Year 8	For delivering a brilliant Anti Bullying Assembly
Stanley Craddock	Year 8	For delivering a brilliant Anti Bullying Assembly
Nathan Gillett	Year 8	For delivering a brilliant Anti Bullying Assembly
Esme Hill	Year 8	For delivering a brilliant Anti Bullying Assembly
India May Harwood	Year 8	For delivering a brilliant Anti Bullying Assembly
Sam Peek	Year 8	For delivering a brilliant Anti Bullying Assembly
Charlotte Uffindell	Year 8	For delivering a brilliant Anti Bullying Assembly
Charlotte Harris	Year 9	For delivering a brilliant Anti Bullying Assembly
Sarayu Katikaneni	Year 9	For showing real kindness and compassion to her peers
Lotus Lee	Year 9	For delivering a brilliant Anti Bullying Assembly
Ellie-Mai Mayers	Year 10	For showing great kindness by stepping into Breakfast Club and comforting and helping an upset Primary pupil
Jojo Richards	Year 10	For achieving the top score on the end of module French exam
James Crabb	Year 11	For going above and beyond in kindness to support another pupil
Rihanna Thomas	Year 11	For outstanding work in Business Studies

April/May

Dates that are in red are either new events published since the first calendar was circulated, or dates that have had to move.

Date and Time	Event	Year Groups
Monday 17 – Friday 21 April	House event – Earth fortnight Arts in the House Rehearsals	Whole school
Monday 17 April	Ahead of the Game visit to Rolls Royce	11
Tuesday 18 April	Portals of the Past	3 & 4
Tuesday 18 April 1500 – 1800	Cricket offsite	7&8
Thursday 20 April	Avocado Project workshop on a travelling bus	10
Friday 21 April	Sharpie Cup	7
Monday 24 April – Friday 28 April	House event – Earth fortnight Arts in the House Rehearsals	Whole school
Tuesday 25 April 1500 – 1800	Cricket offsite	7&8
Wednesday 26 April	Senior athletics	9 - 11
Wednesday 26 April 1400 - 1445	EYFS Information Event	EYFS & parents
Thursday 27 April	Avocado Project workshop on a travelling bus	10
Thursday 27 April	Dare to Dream trip to Rolls Royce	9
Thursday 27 April	GCSE MFL Oral exams	11
Thursday 27 – Friday 28 April	John Lewis interior design competition	7
Friday 28 April	GCSE MFL Oral exams	11
Monday 1 May	May Bank Holiday	
Tuesday 2 – Friday 5 May	House event – Earth Fortnight Celebration Arts in the House Rehearsals	Whole school
Wednesday 3 May 1700 – 2000	Pupil Progress Consultation (virtual)	8
Wednesday 3 May	Arundel Castle trip	2
Wednesday 3 May	WSW street cricket	7
Wednesday 3 May	GCSE Dance Showcase	10 & 11
Wednesday 3 May	The Big Sing	KS2
Thursday 4 May	Sister Act, Mayflower Theatre, Southampton	Secondary
Friday 5 May	Kings Coronation Celebrations in school	Whole School
Monday 8 May	Extra May Bank Holiday (King's Coronation)	Whole School

May

Date and Time	Event	Year Groups
Monday 8 – Friday 12 May	House event – CFS Bake Off Arts in the House Rehearsals	Primary Whole school
Monday 8 – Friday 12 May	SATS week	6
Wednesday 10 May	Knights and Princesses dress up day	2
Wednesday 10 May 1300 – 1600	WSW super 6 athletics	Secondary
Wednesday 10 – Friday 12 May	Residential at Tile Barn Outdoor Centre	5
Thursday 11 May	Thursday lunchtime live: careers talks	Secondary
Thursday 11 May 1500 – 1800	Street cricket	7 & 8
Friday 12 May	CFS sleepover, Forest School	3
Monday 15 – Friday 19 May	House event – CFS Bake Off (secondary) Arts in the House Rehearsals	Secondary Whole school
Monday 15 – Friday 19 May	GCSE Exams begin	11
Monday 15 – Friday 19 May	Class Council Week	Whole school
Monday 15 – Friday 19 May	English speaking and listening exam	10
Monday 15 – Thursday 18 May	Residential	6
Wednesday 17 May 1800 – 2000	Parent Ambassadors meeting	Parents
Thursday 18 May 1500 – 1800	Street cricket	7 & 8
Friday 19 May	Goodwood Farm trip	EYFS
Monday 22 – Friday 26 May	House event – CFS Bake Off Celebrations Arts in the House Rehearsals	Whole school
Monday 22 – Friday 26 May	GCSE Exams	11
Tuesday 23 May 1500 - 1800	Cricket offsite	7 & 8
Wednesday 24 – Friday 26 May	Production	3 & 4
Wednesday 24 May	Staunton Farm Trip	1
Thursday 25 May 1300 – 1340	Thursday lunchtime live: careers talks	Secondary
Thursday 25 May	Celebration assembly	11 & parents
Thursday 25 May	Give for Good, charity dinner	Secondary
Friday 26 May	Lunchtime music concerts	Primary
Мо	nday 29 May – Friday 2 June May Half Term House event - Walkathon	