

# PSHE Long Term Plan Year 10

## Temperance Term

W/C	Week 1 Life Beyond School	Week 2 Life Beyond School	Week 3 Life Beyond School	Week 4 Life Beyond School	Week 5 Life Beyond School	Week 6 Life Beyond School	Week 7 Life Beyond School	HALF TERM
Topic	Rights & Responsibilities Instagram Generation	Rights & Responsibilities Targeted Advertisements & Personal Data	Rights & Responsibilities Rights & Responsibilities	Rights & Responsibilities Consumer Rights	Rights & Responsibilities Employment Rights & Responsibilities	Rights & Responsibilities Exploring a pay-check	Rights & Responsibilities Marriage & What it is	
Core	Explore the link between body image & social media.  Understand how 'hyper' SM distorts our view of the real world	Describe the three main types of targeted adverts  Explore the role of the ASA	Define Rights, Responsibilities & Moral duties  Understand different types of Rights & Responsibilities	Understand ethical business practices  Examine the rights & responsibilities of consumers	Identify variety of employment Rights & Responsibilities  Examine different issues relating to employment Law	Understand common features of a pay-check  Workout Gross pay & Net pay	Describe what marriage is and what it is not  Understand legal position of gay marriage (across Europe)	
Challenge	Evaluate what makes social media so popular.	Evaluate the role targeted advertising played in Brexit	Articulate difference in civil & criminal law	Evaluate the CR Act 2015 on society	Explore gender pay gap & evaluate a response	Evaluate the importance of paying tax & NI contributions	Evaluate a range of views on sex before marriage	
Assessment						Post Lessons Review Questions		

W/C	Week 8 Celebrating Diversity & Equality	Week 9 Celebrating Diversity & Equality	Week 10 Celebrating Diversity & Equality	Week 11 Celebrating Diversity & Equality	Week 12 Celebrating Diversity & Equality	Week 13 Celebrating Diversity & Equality	CHRISTMAS
Topic	Exploring World Issues International Organisations	Exploring World Issues Aid & supporting other countries	Exploring World Issues Fairtrade	Exploring World Issues Peace, War & Conflict	Exploring World Issues Women's Rights & Responsibilities	Exploring World Issues MeToo and Times Up Movement	
Core	Understand the role international organisations play  Explore the history of the UN, NATO & Commonwealth	Describe a variety of ways the UK can help support other countries  Understand the different issues impacting countries	Identify how Fairtrade supports developing countries and their farmers  Understand the importance of being an ethical consumer	Explore a variety of people who have successfully campaigned for peace  Understand different symbols for peace around the world	Explore the changing role of women in society over the past 100+ years  Understand the key events that led to women gaining equal rights with men	Explain what the #MeToo movement is all about  Explain how the Time's Up movement is helping to support women and equality	
Challenge	Evaluate the importance of being a member to these organisations	Evaluate what support networks are available to help those in need	Skill development- Presentation on how to be a more ethical consumer	Evaluate why some world conflicts and difficult to solve	Evaluate what support networks are available to help those in need	Examine the importance of speaking out about sexual misconduct and harassment	
Assessment	Pre-Lessons Review Questions	What support do countries need?		Peace Mini project		Post Lessons Review Questions	

# PSHE Long Term Plan Year 10

## Justice Term

W/C	Week 14 Staying safe on / offline	Week 15 Staying safe on / offline	Week 16 Staying safe on / offline	Week 17 Staying safe on / offline	Week 18 Staying safe on / offline	Week 19 Staying safe on / offline	HALF TERM
Topic	Violence, Crimes & Safety Forced Marriages	Violence, Crimes & Safety Online Gambling	Violence, Crimes & Safety Social Media Validation	Violence, Crimes & Safety Keeping data safe	Violence, Crimes & Safety Modern Day Slavery	Violence, Crimes & Safety Causes of Knife Crime	
Core	Understand the terms; Forced marriage, breast ironing, child brides and honour killing  Explore recent statistics related to forced marriages in the UK and Commonwealth	Understand the classifications of games, films, TV and music videos  Explore how online gaming can lead to gambling and skin betting	Explain the role of social media influencers  Understand the risks associated with social media validation and how to get rid of it	Understand the importance of keeping personal online data safe  Learn about online fraud and be aware of different types of online scams and tricks	Define the term 'Modern Day Slavery'  Examine human trafficking to the UK and evaluate the governments response to it	To understand the causes behind the rise in knife crime in the UK  Explore how to prevent young people from picking up and carrying a knife	
Challenge	Evaluate the effectiveness and role of the Forced Marriage Unit	Evaluate the risks associated with online gaming and online gambling	Evaluate how social media can impact self esteem and mental health	Examine why the dark web can be so dangerous	Evaluate the best way to tackle modern day slavery in the UK	Evaluate the real risks to those that carry knives and their families and friends	
Assessment	Pre-Lessons Review Questions					Post Lessons Review Questions	

W/C	Week 20 Health & Wellbeing	Week 21 Health & Wellbeing	Week 22 Health & Wellbeing	Week 23 Health & Wellbeing	Week 24 Health & Wellbeing	Week 25 Health & Wellbeing	EASTER
Topic	Mental Health & Wellbeing Child Abuse CSE	Mental Health & Wellbeing Screen time and safe use mobiles	Mental Health & Wellbeing Common types of Mental Health	Mental Health & Wellbeing Self Harm – Causes and support	Mental Health & Wellbeing Suicide (Thoughts & Feelings)	Mental Health & Wellbeing Promoting Emotional Wellbeing	
Core	Define the term sexual abuse and understand the law relating to it  Understand the importance of speaking out against any form of abuse	Explore how technology and social media can negatively impact on mental health  Understand the technology behind why they can become addictive	Describe what mental health and mental illness is  Explore different types of mental health	Understand that self harm is a behaviour and not an illness  Understand that some people who self harm are trying to communicate that they are distressed	Be able to identify worrying signs that a person's mental health is extremely low  Investigate how music can be used to help support people through difficult times	Understand what wellbeing might look like in someone's life  Understand the meaning of mental health and emotional wellbeing	
Challenge	Evaluate what support networks are available to those suffering abuse	Evaluate how technology and smart phones can be both rewarding and damaging	Examine what you can do to help someone with their mental health	Evaluate what support networks are available to help those that are self harming	Evaluate what support networks are available to help those in need	Learn strategies to improve wellbeing	
Assessment	Pre-Lessons Review Questions					Post Lessons Review Questions	

# PSHE Long Term Plan Year 10

## Courage Term

W/C	Week 26 Rights, Responsibilities & British Values	Week 27 Rights, Responsibilities & British Values	Week 28 Rights, Responsibilities & British Values	Week 29 Rights, Responsibilities & British Values	Week 30 Rights, Responsibilities & British Values	Week 31 Rights, Responsibilities & British Values	HALF TERM
Topic	Exploring British Values Critical Thinking and Fake News	Exploring British Values What is a cult	Exploring British Values Exploring Britishness and British Values	Exploring British Values LGBT Rights and British Values	Exploring British Values What are Human Rights	Exploring British Values Exploring Human Rights	
Core	To understand how to spot fake news  Explore the damaging consequences of fake news	Define the word 'cult'  Explain why people might be attracted to these groups and some of the dangers associated to them	Define the different 'British Values'  To understand the importance of promoting British Values	Define Homophobia and give examples of it in UK society  Explore how British values can be used to combat homophobia	Define what 'Human Rights' are  Explore how 'Human Rights' came about	Explore how Human Rights are protected against in the UK  Understand the two categories of Human Rights	
Challenge	Examine why critical thinking is important	Evaluate the difference between a cult and a religion	Examine where our sense of identity comes from and the importance of having a sense of belonging	Evaluate how far the UK has come in tackling various forms of discrimination	Evaluate how we can protect 'Human Rights' in the modern world	Evaluate some of the issues that arise when Human Rights come into conflict.	
Assessment	Pre-lessons Review Questions					Post Lessons Review Questions	

W/C	Week 32 Relationships & Sex Education	Week 33 Relationships & Sex Education	Week 34 Relationships & Sex Education	Week 35 Relationships & Sex Education	Week 36 Relationships & Sex Education	Week 37 Relationships & Sex Education	SUMMER
Topic	Warnings, Relationships & Sex Education Sexting, Nudes & 'Dick Picks'	Warnings, Relationships & Sex Education Pornography Lsn1	Warnings, Relationships & Sex Education Pornography Lsn2	Warnings, Relationships & Sex Education Domestic Abuse & Violence & FGM	Warnings, Relationships & Sex Education Relationships, Sexual Abuse & Rape	Warnings, Relationships & Sex Education Sexualisation of the Media	
Core	Understand the legal, emotional and social consequences of sending sexts  Explore the reasons why some young people send sexts, nudes and 'dick picks'	Outline what is and is not legal in terms of pornography  Identify the differences between what is seen in pornography and what happens in real life	Understand the differences and similarities between sex in real relationships and that which is featured in pornography  Explore how common access to pornographic material can affect attitudes and beliefs towards sex	Describe a positive and healthy relationship  Understand the different types of abuse exist & identify where to turn for help	Explore the laws regarding rape and sexual assault  Understand how unhealthy behaviours and an imbalance of power in a relationship could lead to violence and sexual assault	Explore the impact sexual inaction of the media is having on teenagers  Identify the links between body image and the media's influence on it	
Challenge	Be able to deal effectively & assertively with requests and pressure to send sexts	Examine the impact of pornography on society and relationships	Examine the impact that such material can have on relationships and self-esteem	Explore the social and economic excuses used by people to encourage FGM	Compare against what qualities to look for in a healthy loving relationship	Evaluate whether shows like Love Island teach viewers about morals and ethics	
Assessment	Pre-lessons Review Questions					Post Lessons Review Questions	