

PSHE Long Term Plan Year 8

Temperance Term

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	HALF TERM
Core Theme Topic	Life Beyond School		Life Beyond School		Life Beyond School		Life Beyond School	
	Proud to be me		Proud to be me		Proud to be me		Proud to be me	
Core	Proud to be me & Career Choices & Exploring Careers (Unifrog) Identify what is important to you and what you expect from yourself. Complete Interests profiler on Unifrog.		Career Interests, Labour Market Information & Jobs (Unifrog & LMI Sites) To think carefully about potential careers and focus on interests and preferences. Examine LMI associated to various careers through the completed profiler on Unifrog.		Employability Skills (Skills Builder) Understand the eight key employability skills. Be able to effectively work as part of a team, research issues and find solutions.		Self-Esteem & The Media Describe self-esteem and how it impacts life. Explore ways to boost self-esteem.	
Challenge	Explore University requirements for STEM related courses.		Engage in conversation with adults about their careers and how they got to where they have.		Evaluate what makes an effective and persuasive presentation.		Evaluate the impact negative self-talk can have on self-esteem.	
Assessment	Best day of my life (Jigsaw Challenge), Google Confidence Checker pre-post, Star Analysis							

W/C	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	CHRISTMAS
Core Theme Topic	Celebrating Diversity & Equality		Celebrating Diversity & Equality		Celebrating Diversity & Equality		
	LGBTQA+ Explored		LGBTQA+ Explored		LGBTQA+ Explored		
Core	Intro to Unit & What is LGBT Define the acronym LGBTQ+ Explore a variety of role models in British society		Supporting LGBT Define the term ally. Explore why allies are needed for the LGBTQA+ community		Homophobia, Transphobia and challenging it Understand what constitutes homophobic language and homophobic bullying Empathise how difficult it can be for young people to live with homophobia and transphobia in modern society		
Challenge	Be able to articulate the many different key terms and concepts		Compile a respect charter for the school		Examine how to assertively challenge homophobic language and phrases in school and everyday life		
Assessment	LGBT+ Champion Speech (Competition), Google Confidence Checker pre-post, Star Analysis						

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Justice Term

W/C	Week 14	Week 15	Week 16	Week 17	Week 18	Week 19	HALF TERM
Core Theme Topic	Staying Safe Online & Offline		Staying Safe Online & Offline		Staying Safe Online & Offline		
	Dangerous Society Online & Offline		Dangerous Society Online & Offline		Dangerous Society Online & Offline		
Core	Alcohol Safety & Substance Misuse Explain how alcohol is measured and what the limits are for adults. Explore the consequences of alcohol consumption.		County Lines: What is it and who is at risk? Understand what the term 'county lines' means. Explain how county lines gangs recruit and exploit young people.		Online Safety- Cyber Bullying, (Child Exploitation & Online Protection) Describe the meaning of bullying and cyber bullying, and the impact it can have on an individual. To know how to manage oneself appropriately.		
Challenge	Evaluate when introducing alcohol to a situation can lead to very dangerous consequences.		Examine how county lines gangs use Psychological, financial and physical methods to make people feel trapped.		Explore appropriate ways of responding to discriminating, hurtful or intimidating behaviour.		
Assessment	Become the teacher (Plan a lesson), Google Confidence Checker pre-post, Star Analysis						

W/C	Week 20	Week 21	Week 22	Week 23	Week 24	Week 25	EASTER
Core Theme Topic	Health & Wellbeing		Health & Wellbeing		Health & Wellbeing		
	Physical Health & Mental Wellbeing		Physical Health & Mental Wellbeing		Physical Health & Mental Wellbeing		
Core	What is Mental Health, Health & Wellbeing? Understand what positive wellbeing might look like in someone's life. To recognise a range of healthy and unhealthy habits we might have and why we say we are OK when we are not		Positive Body Image & Stress Management Explore what impacts body image for boys and girls. To understand ways in which someone can improve their own or a friend's self-esteem.		Types of Bullying and Child Abuse Understand the different types of child abuse. Explore the importance of consent and boundaries in any relationship.		
Challenge	Communicate effectively a range of methods to improve my own and others health & wellbeing.		Examine that more pleasurable times are when we are engaging through senses rather than through thoughts.		Ascertain the potential signs of abuse and investigate the right way to report any form of abuse you may see.		
Assessment	Launching a leisure centre (presentation), Google Confidence Checker pre-post, Star Analysis						

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Courage Term

W/C	Week 26	Week 27	Week 28	Week 29	Week 30	Week 31	HALF TERM
Core Theme Topic	Rights, Responsibilities & British Values Law, Crime & Society		Rights, Responsibilities & British Values Law, Crime & Society		Rights, Responsibilities & British Values Law, Crime & Society		
Core	Desert Island Living & Building a community Explore what it would be like to live on a desert island. Understand the concept of community cohesion and that with rights comes responsibilities.	Law Making in the UK, Making Decisions & Priorities To understand why laws are needed in society Appreciate the process of how a bill passes through parliament.	Criminals, Prisons, Reform & Punishment Understand why young people commit crime and how the criminal justice system operates for young offenders. Explain the types of punishments available in the UK				
Challenge	Evaluate that decisions made may have an impact on the community that live there.	Evaluate recent changes to the law in England and Wales.	Evaluate whether prison is an effective form of punishment.				
Assessment	Prisons for the future (Table display), Google Confidence Checker pre-post, Star Analysis						

W/C	Week 32	Week 33	Week 34	Week 35	Week 36	Week 37	SUMMER
Core Theme Topic	Relationships & Sex Education Identity, Relationships & Sex Education		Relationships & Sex Education Identity, Relationships & Sex Education		Relationships & Sex Education Identity, Relationships & Sex Education		
Core	Intro to relationships, love, sex & contraception Understand the meaning of love between a couple and the expectations that form a positive romantic relationship. Understand how physical touch may be different in a sexual relationship to any other.	Gender Identity & Sexual Orientation Explore a range of language used with gender identity. Challenge gender prejudices and stereotypes that are out there.	Healthy Relationships & Dealing with Conflict Describe the potential impacts of power differences such as age, status or position within relationships. Compare and contrast the characteristics of healthy and unhealthy relationships.				
Challenge	Examine the concept of abstinence and identify a range of contraceptive methods.	Explore and challenge LGBTQ+ prejudices and stereotypes that are out there.	To examine the cause of conflict and learn a range of conflict resolution methods that could be used.				
Assessment	Media & Society (Research Project), Google Confidence Checker pre-post, Star Analysis						