

PSHE Long Term Plan Year 9 2021-2022

Temperance Term

| W/C | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | HALF TERM |
|-------------------------|--|--------|--|--------|---|--------|--|-----------|
| Core Theme Topic | Life Beyond School Essential Life Skills | | Life Beyond School Essential Life Skills | | Life Beyond School Essential Life Skills | | Life Beyond School Essential Life Skills | |
| Core | Importance of Happiness, social media & Online Stress Explore what happiness might mean to different people. Identify coping strategies to manage online stress. | | From Failure to Success Understand how success and failure are often linked. Explore what motivates people to achieve incredible things. | | Saving & Managing Money Define a variety of banking and financial key terms. Understand the importance of saving money and the different methods of storing it. | | Employment & Financial Management Define financial capability & competence. Understand budgeting through life. | |
| Challenge | Examine links between mental health and social media usage. | | Evaluate the importance of resilience and learning from mistakes and failures. | | Identify the difference between essential and non-essential expenditure. | | Calculate personal income tax liability. | |
| Assessment | What does happiness mean to you? (Mood board), Google Confidence Checker, Star Analysis | | | | | | | |

| W/C | Week 8 | Week 9 | Week 10 | Week 11 | Week 12 | Week 13 | CHRISTMAS |
|-------------------------|--|--------|--|---------|---|---------|-----------|
| Core Theme Topic | Relationships & Sex Education Sex, the Law & Consent | | Relationships & Sex Education Sex, the Law & Consent | | Life Beyond School Essential Life Skills | | |
| Core | Relationships, Partners and why have sex Understand the meaning of a healthy relationship and the expectations that form a positive one. Understand the non-physical characteristics someone might look for in a future partner. | | Sexual consent & delaying sexual activity Understand the legal definition of consent and the law surrounding it. Examine the practicalities of consent and the importance of it. | | First Aid Lesson Understand the vital importance of First Aid as a lifesaving skill Learn how to perform simple First Aid, including CPR, the use of defibrillators, choking and basic treatment for common injuries. | | |
| Challenge | Examine the positive and negative reasons to have sex and explore the consequences of making a relationship sexual. | | Investigate the consequences of sexual activity with no consent. | | Understand why the recovery position is important and when best to contact emergency services. | | |
| Assessment | Design a rival TV show to Love Island (TV), Google Confidence Checker, Star Analysis | | | | | | |

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Justice Term

| W/C | Week 14 | Week 15 | Week 16 | Week 17 | Week 18 | Week 19 | HALF TERM |
|-------------------------|--|---------|--|---------|---|---------|-----------|
| Core Theme Topic | Staying Safe Online & Offline | | Staying Safe Online & Offline | | Staying Safe Online & Offline | | |
| | Legal & Illegal Drugs | | Legal & Illegal Drugs | | Legal & Illegal Drugs | | |
| Core | Intro to drugs & different types of addictions Define the term drug and understand the different forms it can take. Explore why people use drugs and the impact it has on society. | | Drug Classification & Cannabis products Consider the different classifications of drugs and the key aspects of the UK's drug policy. Explore the legal classifications of 36 drugs | | Illegal drugs, 'Party' drugs & effects/dangers Learn about the variety of Class A and B drugs and the impact they have on society. | | |
| Challenge | Examine the different types of addictions and evaluate whether sugar is more addictive than cocaine. | | Examine why people take cannabis and evaluate whether cannabis should be legalised in the UK. | | Evaluate what support networks are available to help support those who use drugs as a coping mechanism or addicted to drugs. | | |
| Assessment | Home Office strategy to combat war on drugs, Google Confidence Checker, Star Analysis | | | | | | |

| W/C | Week 20 | Week 21 | Week 22 | Week 23 | Week 24 | Week 25 | EASTER |
|-------------------------|---|---------|--|---------|---|---------|--------|
| Core Theme Topic | Health & Wellbeing | | Health & Wellbeing | | Health & Wellbeing | | |
| | Body Confidence | | Body Confidence | | Body Confidence | | |
| Core | Self-Esteem Changes, Media & Airbrushing Define the term self-esteem, body positive and body neutral and explain how they impacts us. Explore why people do not necessarily respond in the same way to similar situations, and that different people may express their feelings in many different ways. | | Bullying in all its forms Define all three forms of Homophobia, Biphobia and Transphobia bullying. Explore the impact BHT bullying has on young people in society. | | Dealing with grief & loss Explore what grief is and how it affects people. Understand how grief can impact people in a variety of ways and how you can support a friend or family member. | | |
| Challenge | Evaluate the impact advertisements are having on our self-esteem | | Evaluate what support schools and students can give to those impacted by the effects of HBT bullying. | | Evaluate what support networks are available to help those grieving. | | |
| Assessment | School campaign to promote health and wellbeing (campaign), Google Confidence Checker, Star Analysis | | | | | | |

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Courage Term

| W/C | Week 26 | Week 27 | Week 28 | Week 29 | Week 30 | Week 31 | HALF TERM |
|-------------------------|--|---------|--|---------|---|---------|-----------|
| Core Theme Topic | Rights, Responsibilities & British Values Combating Extremism & Terrorism | | Rights, Responsibilities & British Values Combating Extremism & Terrorism | | Rights, Responsibilities & British Values Combating Extremism & Terrorism | | |
| Core | What is terrorism & counter- terrorism Understand the iceberg analogy of terrorism. Explore why people may choose to commit an act of terrorism. | | Extremism in all its forms & Conspiracies Define the terms extremism, terrorism and radicalisation. Understand the different types of extremism and how these can sometimes lead to acts of terrorism. | | Proud to be British Explore if being British is still a positive identity for young people today. Understand how supporting British Values can help combat extremism. | | |
| Challenge | Evaluate the best way to fight extremism and the ideologies spready by extremist groups. | | Explore conspiracy theories and evaluate why they can be damaging to society. | | Communicate effectively the dangers young people should be aware of and how to protect against them. | | |
| Assessment | The Fake Newspaper (Building Magazine), Google Confidence Checker, Star Analysis | | | | | | |

| W/C | Week 32 | Week 33 | Week 34 | Week 35 | Week 36 | Week 37 | SUMMER |
|-------------------------|---|---------|---|---------|--|---------|--------|
| Core Theme Topic | Relationships & Sex Education Contraception & STI's | | Relationships & Sex Education Contraception & STI's | | Relationships & Sex Education Contraception & STI's | | |
| Core | Sexually Transmitted Infections Name some common STDs. Understand how they are transmitted. | | Contraception & condoms Understand how a variety of different forms of contraception work. Understand the correct steps for using an external or male condom. | | Sexual Harassment & Stalking Define the terms of stalking and harassment behaviours. Explore the differences between flirting and sexual harassment. | | |
| Challenge | Compare sexual behaviours that put people at high, low or now risk for STDs. | | Identify which types of contraception would be best used by different people. | | Explore the laws surrounding Stalking and Harassment (PHA 1997, EA 2010 & PFA 2012) | | |
| Assessment | Sexual Health forum (Debate on Teen Pregnancy), Google Confidence Checker, Star Analysis | | | | | | |