



PSHE Year 9 (Long Term Plans)



Temperance Term

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	HALF TERM
Core Theme	Life Beyond School		Life Beyond School		Life Beyond School		 Skills, Career & Character	
Topic	Essential Life Skills		Essential Life Skills		Essential Life Skills			
Learning Objective	<u>Importance of Happiness, social media & Online Stress</u>		<u>From Failure to Success</u>		<u>Employment & Managing Money</u>		<u>Post-16 Pathways</u>	
(Core/Extension/Challenge)	<ul style="list-style-type: none"> > Explore what happiness might mean to different people. > Identify coping strategies to manage online stress. > Examine links between mental health and social media usage. 		<ul style="list-style-type: none"> > Understand how success and failure are often linked. > Explore what motivates people to achieve incredible things. > Evaluate the importance of resilience and learning from mistakes and failures. 		<ul style="list-style-type: none"> > Define financial capability & competence. > Understand budgeting for now and through life. > Calculate personal income tax and consider the purposes of tax's and National Insurances 		<ul style="list-style-type: none"> > Pathways outlined > Sixth Form Schools > College explored > Apprenticeship opportunities through Unifrog & National database explored 	
Teacher (bold is lead) Assessment	RAL & JRL Confidence Checker & Workbook		RAL & JRL Confidence Checker & Workbook		RAL & JRL Confidence Checker & Workbook		RAL & JRL Unifrog Progress	
Tutor Time Unifrog Resources	Settling into new academic year	Term 1A- Online Safety: Media Interpreting information Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			Term 1B- Physical Health: Services, examination & vaccinations Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			

W/C	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	CHRISTMAS
Core Theme	Relationships & Sex Education		Relationships & Sex Education		 Skills, Career & Character		
Topic	Sex, the Law & Consent		Sex, the Law & Consent		Subjects & Career libraries		
Learning Objective	<u>Relationships, Partners and why have sex</u>		<u>Sexual consent & delaying sexual activity</u>		<u>Subjects & Career libraries</u>		
(Core/Extension/Challenge)	<ul style="list-style-type: none"> > Understand the meaning of a healthy relationship and the expectations that form a positive one. > Understand the non-physical characteristics someone might look for in a future partner. > Examine the positive and negative reasons to have sex and explore the consequences of making a relationship sexual. 		<ul style="list-style-type: none"> > Understand the legal definition of consent and the law surrounding it. > Examine the practicalities of consent and the importance of it. > Investigate the consequences of sexual activity with no consent. 		<ul style="list-style-type: none"> > Consider current profiles for informed GCSE choices > Review CFS Passport and set targets for academic year ahead 		
Teacher (bold is lead) Assessment	RAL & JRL Confidence Checker & Workbook		RAL & JRL Confidence Checker & Workbook		RAL & JRL DARE TO DREAM WORKSHOPS Unifrog Progress		
Tutor Time Unifrog Resources	Term 2A- Physical Health: Achieving Balance Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			Term 2B- Life Skills: Financial choices, budgeting, saving & debt Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			

PSHE Year 9 (Long Term Plans)



Justice Term

W/C	Week 14	Week 15	Week 16	Week 17	Week 18	Week 19	HALF TERM
Core Theme	Staying Safe Online & Offline		Staying Safe Online & Offline		Staying Safe Online & Offline		
Topic	Legal & Illegal Drugs		Legal & Illegal Drugs		Legal & Illegal Drugs		
Learning Objective	<u>Intro to drugs & different types of addictions</u>		<u>Drug Classification & Cannabis products</u>		<u>Illegal drugs, 'Party' drugs & effects/dangers</u>		
(Core/ Extension/ Challenge)	<ul style="list-style-type: none"> > Define the term drug and understand the different forms it can take. > Explore why people use drugs and the impact it has on society. > Examine the different types of addictions and evaluate whether sugar is more addictive than cocaine. 		<ul style="list-style-type: none"> > Consider the different classifications of drugs and the key aspects of the UK's drug policy. > Explore the legal classifications of 36 drugs > Examine why people take cannabis and evaluate whether cannabis should be legalised in the UK. 		<ul style="list-style-type: none"> > Learn about the variety of Class A and B drugs and the impact they have on society. > Evaluate what support networks are available to help support those who use drugs as a coping mechanism or addicted to drugs. 		
Teacher (bold is lead) Assessment	RAL & JRL DARE TO DREAM WORKSHOPS Confidence Checker & Workbook		RAL & JRL POLICE WORKSHOPS Confidence Checker & Workbook		RAL & JRL POLICE WORKSHOPS Confidence Checker & Workbook		
Tutor Time Unifrog Resources	Term 3A- Life Skills: Social influences, young people & gangs Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			Term 3B- Relationships: Social influences & tackling peer pressure Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			

W/C	Week 20	Week 21	Week 22	Week 23	Week 24	Week 25	EASTER
Core Theme	Health & Wellbeing		Health & Wellbeing		Health & Wellbeing		
Topic	Body Confidence		Body Confidence		Body Confidence		
Learning Objective	<u>Self-Esteem Changes, Media & Airbrushing</u>		<u>Bullying in all its forms</u>		<u>Dealing with grief & loss</u>		
(Core/ Extension/ Challenge)	<ul style="list-style-type: none"> > Define the term self-esteem, body positive and body neutral and explain how they impacts us. > Explore why people do not necessarily respond in the same way to similar situations, and that different people may express their feelings in many different ways. > Evaluate the impact advertisements are having on our self-esteem 		<ul style="list-style-type: none"> > Define all three forms of Homophobia, Biphobia and Transphobia bullying. > Explore the impact BHT bullying has on young people in society. > Evaluate what support schools and students can give to those impacted by the effects of HBT bullying. 		<ul style="list-style-type: none"> > Explore what grief is and how it affects people. > Understand how grief can impact people in a variety of ways and how you can support a friend or family member. > Evaluate what support networks are available to help those grieving. 		
Teacher (bold is lead) Assessment	RAL & JRL DARE TO DREAM WORKSHOPS Confidence Checker & Workbook		RAL & JRL Confidence Checker & Workbook		RAL & JRL Confidence Checker & Workbook		
Tutor Time Unifrog Resources	Term 4A- Relationships: Relationships & conflict Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			Term 4B- Relationships: Parenting & Caring Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			

PSHE Year 9 (Long Term Plans)



Courage Term

W/C	Week 26	Week 27	Week 28	Week 29	Week 30	Week 31	HALF TERM
Core Theme	Rights, Responsibilities & British Values		Rights, Responsibilities & British Values		Rights, Responsibilities & British Values		
Topic	Combating Extremism & Terrorism		Combating Extremism & Terrorism		Combating Extremism & Terrorism		
Learning Objectives (Core/ Extension/ Challenge)	<u>What is terrorism & counter- terrorism</u> > Understand the iceberg analogy of terrorism. > Explore why people may choose to commit an act of terrorism. > Evaluate the best way to fight extremism and the ideologies spread by extremist groups.		<u>Extremism in all its forms & Conspiracies</u> > Define the terms extremism, terrorism and radicalisation. > Understand the different types of extremism and how these can sometimes lead to acts of terrorism. > Explore conspiracy theories and evaluate why they can be damaging to society.		<u>Proud to be British</u> > Explore if being British is still a positive identity for young people today. > Understand how supporting British Values can help combat extremism. > Communicate effectively the dangers young people should be aware of and how to protect against them.		
Teacher (bold is lead) Assessment	RAL & JRL Confidence Checker & Workbook		RAL & JRL Confidence Checker & Workbook		RAL & JRL Confidence Checker & Workbook		
Tutor Time Unifrog Resources	Term 5A- Relationships: What is good communication Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			Term 5B- Diversity: Recognising and preventing discrimination Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			

W/C	Week 32	Week 33	Week 34	Week 35	Week 36	Week 37	SUMMER
Core Theme	Relationships & Sex Education		Relationships & Sex Education		Relationships & Sex Education		
Topic	Contraception & STI's		Contraception & STI's		Contraception & STI's		
Learning Objectives (Core/ Extension/ Challenge)	<u>Sexually Transmitted Infections</u> > Name some common STDs. > Understand how they are transmitted. > Compare sexual behaviours that put people at high, low or now risk for STDs.		<u>Contraception & condoms</u> > Understand how a variety of different forms of contraception work. > Understand the correct steps for using an external or male condom. > Identify which types of contraception would be best used by different people.		<u>Sexual Harassment & Stalking</u> > Define the terms of stalking and harassment behaviours. > Explore the differences between flirting and sexual harassment. > Explore the laws surrounding Stalking and Harassment (PHA 1997, EA 2010 & PFA 2012)		
Teacher (bold is lead) Assessment	RAL & JRL OPTIONS CHICHESTER RSE WORKSHOPS Confidence Checker & Workbook		RAL & JRL OPTIONS CHICHESTER RSE WORKSHOPS Confidence Checker & Workbook		RAL & JRL OPTIONS CHICHESTER RSE WORKSHOPS Confidence Checker & Workbook		
Tutor Time Unifrog Resources	Term 6A- British Values: Researching Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			Term 6B- British Values: Presenting an assembly Location: One Drive> CFS Staff> PSHE> Tutor Time PSHE resources from Unifrog> Y9			