



## Remote Message from the Principal 3

15<sup>th</sup> January 2021

Dear all,

I do hope everyone is doing OK and, as we reach the end of this second week of term, some form of routine has been formed as you all juggle your own work, home lives and remote learning.

However, in lockdown too much routine can also be difficult, as we don't have our usual breaks seeing family, friends, going shopping, socialising etc. So this week I set a challenge to staff, to try and do three of the following. Maybe you will like this too:

- Reach out to a colleague you haven't spoken to since before Christmas. Someone you always chat to if you come across them at work, but don't formally work with and therefore haven't spoken to in while, because maybe you aren't in work or are separated a lot more because of social distancing. Drop them an email or a phone call. Get small talk going again.
- Spend at least one hour completely escaping.
- Whatever job/responsibility you are doing at the moment, try something new – take a creative risk.
- Play a new board game with your family.
- Call a friend you haven't spoken to in a while.
- Have a zoom meeting with family you haven't seen - in person or virtually - since Christmas day.
- Try a new form of exercise.
- Watch that film you keep meaning to try, but always opt for something you know you will like instead.
- Bake a cake, one you have never baked before.

I have to confess I am not up to three yet, but that is going to be my aim this weekend. First on the list, making a Bakewell Tart!

I wanted to take this opportunity to say a huge thank you to all the parents who donated money to the CFS staff before Christmas, to be spent on staff welfare. It is hugely appreciated. As you know, we used the money from the summer to treat all the staff to a Christmas goody bag, delivered to them by two elves (myself and Mrs Wilson!). We will ensure that these further donations continue to go towards supporting staff in the way you have all suggested.

**You will be pleased to know there isn't a huge amount of new information in this email today, especially after a huge amount of information has already gone out to Secondary parents this morning and there have also been other updates throughout the week for Year 11, Year 13 and regarding Primary remote learning. Thank you for taking the time to read all of this communication – in ever changing circumstances there is always a lot to relay to you.**

But for now, just a couple of points below, along with a celebration of some of the remote learning that has been happening over the last fortnight. I do hope the pupils also enjoy my video message – link back in the main email.

With very best wishes,

**Mrs Louise New**

**Principal**



## Online Safety

Here are a few resources from our Online Safety partner, 'Thinkuknow':

[Simple 15 minute activities families](#) can do to support their child's online safety at home. Packs are available for ages 4 to 14+. Parents can also watch our video guides on different online safety topics.

## Testing Centre

Thank you to those who have already indicated that they may be able to help with any future Covid testing in school. We have now been informed by WSCC that schools should hold off, for the time being, any testing of pupils including those Secondary pupils in the childcare provision. However, we still want to be ready and know that this may change very soon. So, again, **if you may be able to help us in some capacity in school in our testing centre, please email your name and rough availability to [office@chichesterfreeschool.org.uk](mailto:office@chichesterfreeschool.org.uk). We will log your details and be back in touch soon.**

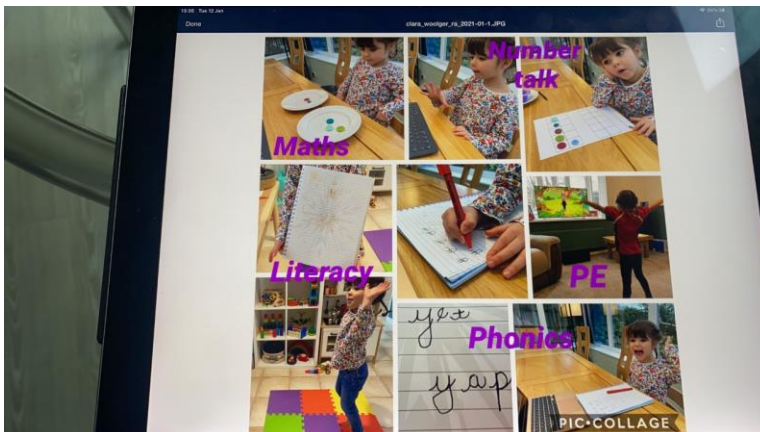
## Message to Pupils, from the Secondary Pastoral Team

We hope you are managing to find a balance between your schoolwork and looking after your mental and physical health, and that you are managing to stay in touch with your friend's virtually. If you are struggling emotionally, there are some support agencies, and we have also shared these resources on Satchel One for you. It is a difficult time for everyone, but there is a lot of support out there, so please don't suffer in silence.

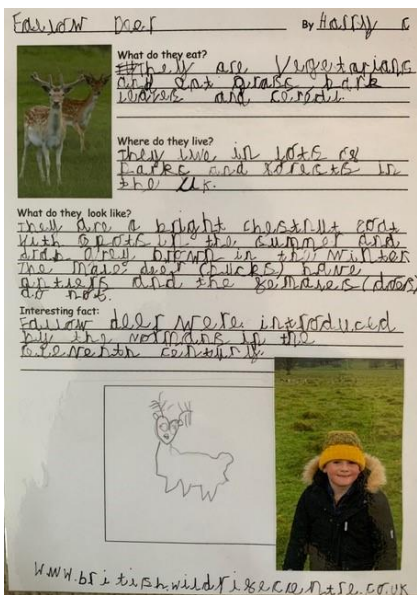
It feels like a long time ago since we saw you in December. Please do remember that you can contact your Head of Year or Pastoral Officer (as well as your tutor, and teachers) if you have any queries or concerns about your work, or just to say hi - we are really missing our pupils!

# Celebration of Remote Learning

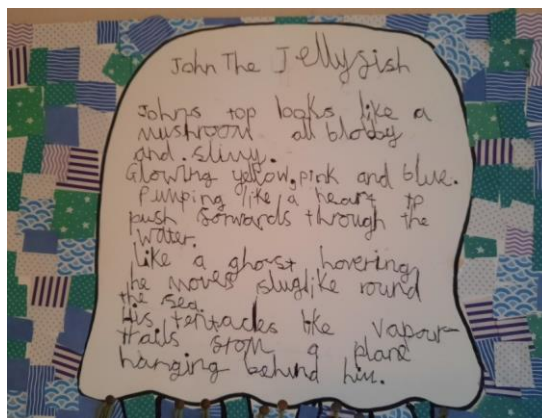
## Reception work:



## Year 1 work:



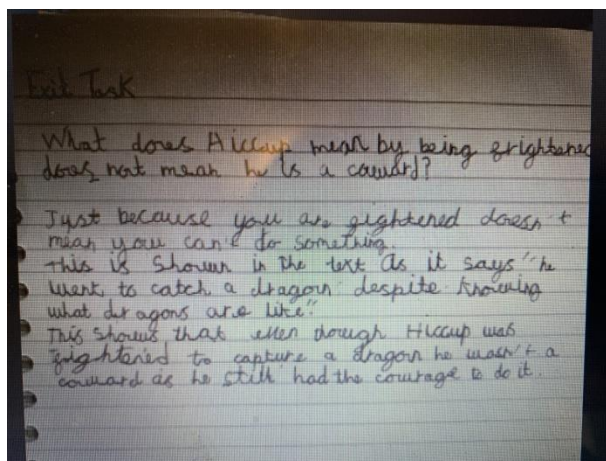
## Year 2 work:



## Year 4 work:



## Year 5 work:

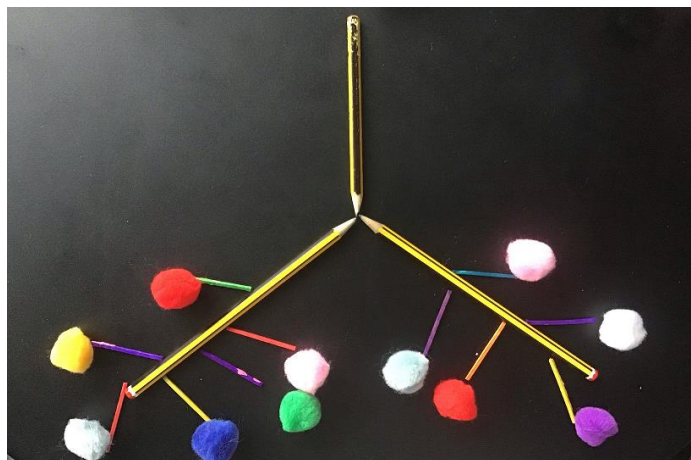




Year 7 work:



Year 9 work (representation of the lungs)::



Year 11 work:

