

Personal Development (RSE/Citizenship/Careers)

Learning Journey Year 11 26_27

Autumn Term 1 & 2

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	HALF TERM
RSE Lead - JRL	Future You Getting set for Year 11		Future You Getting set for Year 11		Future You Getting set for Year 11		Future You Getting set for Year 11		
Content (for all learners)	Orientation & Information on the School Website (CFS Resource)		Procrastination & Academic Sprints (CFS Resource)		Coping Strategies Towards Exam Stress (CFS Resource)		Motivation, Visualisation & Goal Setting (CFS Resource)		
Citizenship/RE Lead - GCK	Citizenship Attitudes to Religion & Self		Citizenship Attitudes to Religion & Self		Citizenship Attitudes to Religion & Self		Citizenship Attitudes to Religion & Self		
Content (for all learners)	BV & CITIZENSHIP but not STAT Being Young & Religious One Drive: Citizenship 11 – Religion & Respect		BV & CITIZENSHIP but not STAT Religious Dedication, Time Management and Selfless Focus (CFS Resource)		BV & CITIZENSHIP but not STAT Religious Recall, Chants, Oral Traditions & Semantic Satiation (CFS Resource)		BV & CITIZENSHIP but not STAT Religious Attitudes Towards Exam Stress (CFS Resource)		
Future You Lead - RAL	Future You Applications		Future You Applications		Future You Applications		Future You Applications		
Content (for all learners)	Post 16 – Levels, Course Identification, Applying and Timeline (CFS Resource)		Exploring Post-16 Options at College or 6 th Form (CFS Resource)		College and Sixth Form Interviews (CFS Resource)		Applying for Gold CFS Passport (CFS Resource)		
Other Opportunities	Post 16 Event at CFS with local colleges and 6 th form environments in attendance Parent evening event to support post-16				Careers Meetings (1-1) throughout term if required				

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	CHRISTMAS
RSE Lead - JRL	Metacognition Revision Revisited		Mock Revision Focus Academic Sprints Time		Mock Revision Focus Academic Sprints Time		
Content (for all learners)	Recap of Effective Revision Strategies (CFS Resource)		Individual space for Revision to take place within Academic Sprints approach		Individual space for Revision to take place within Academic Sprints approach		
Citizenship/RE Lead - GCK	Citizenship Religion, Society & Respect		Citizenship Religion, Society & Respect		Citizenship Religion, Society & Respect		
Content (for all learners)	BV & CITIZENSHIP but not STAT Religions in the UK & Diversity One Drive: Citizenship 11 – Religion & Respect		BV & CITIZENSHIP but not STAT Different Religious Festivals One Drive: Citizenship 11 – Religion & Respect		BV & CITIZENSHIP but not STAT Diversity, Celebrating Differences & Celebrating Windrush - One Drive: Religion & Respect		
Future You Lead - RAL	Future You Long-Term Career Goals		Future You Long-Term Career Goals		Future You Long-Term Career Goals		
Content (for all learners)	GATSBY BENCHMARKS Long-Term Career Goals One Drive: Careers – Long-Term Goals		GATSBY BENCHMARKS Career Challenges & Setbacks One Drive: Careers – Long-Term Goals		GATSBY BENCHMARKS Work Life Balance One Drive: Careers – Long-Term Goals		
Other Opportunities	Careers Meetings (1-1) throughout term if required by pupils						

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Spring Term 1 & 2

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	HALF TERM
RSE Lead - JRL	Adult Health Looking After Yourself		Adult Health Looking After Yourself		Adult Health Looking After Yourself		
Content (for all learners)	STATUTORY HEALTH 26 Mental Health Illnesses One Drive: RSE 11 – Adult Health		STATUTORY HEALTH 26 Organ & Blood Donation One Drive: RSE 11 – Adult Health		STATUTORY HEALTH 26 Brest Cancer, Cervical Cancer & Screening One Drive: RSE 11 – Adult Health		
Citizenship/RE Lead - GCK	Safety Stay Safe, Stay Smart		Safety Stay Safe, Stay Smart		Safety Stay Safe, Stay Smart		
Content (for all learners)	STATUTORY RSE HEALTH 26 Social Media Vs Real Life & O One Drive: RSE 11 – Stay Safe & Smart		STATUTORY RSE HEALTH 26 Screen Addiction & Studying One Drive: RSE 11 – Stay Safe & Smart		STATUTORY RSE HEALTH 26 Online Misinformation One Drive: RSE 11 – Stay Safe & Smart		
Future You Lead - RAL	Adult Health Sexual Health		Adult Health Sexual Health		Adult Health Looking After Yourself		
Content (for all learners)	STATUTORY RSE 26 Alcohol, Parties & Bad Choices One Drive: RSE 11 – Sexual Health		STATUTORY RSE & HEALTH 26 Peer-on-Peer Abuse One Drive: RSE 11 – Sexual Health		STATUTORY HEALTH 26 Testicular & Prostate Cancer One Drive: RSE 11 – Adult Health		
Other Opportunities	Police Workshops- Leaving School Safe		Collection of Post-16 Destination Data (RAL)				

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	EASTER
RSE Lead - JRL	Safety Stay Safe, Stay Smart		Safety Stay Safe, Stay Smart		Safety Stay Safe, Stay Smart	
Content (for all learners)	STATUTORY RSE HEALTH 26 Cyber Flashing, Unsolicited Images & Upskirting One Drive: RSE 11 – Stay Safe & Smart		STATUTORY RSE HEALTH 26 Group Chats & Anti-Bullying One Drive: RSE 11 – Stay Safe & Smart		STATUTORY RSE HEALTH 26 VR, Live Streaming & Online Reputation Link	
Citizenship/RE Lead - GCK	Citizenship Justice, Ethics & Modern Society		Citizenship Justice, Ethics & Modern Society		Citizenship Justice & Ethics	
Content (for all learners)	BV & Citizenship but not STAT Justice, Moral & Ethical Decisions One Drive: RSE 11 – Ethics & Society		STATUTORY HEALTH 26 Grime Music, Violence & Sex Trafficking One Drive: RSE 11 – Ethics & Society		STATUTORY HEALTH 26 Media Literacy & Digital Resilience Link	
Future You Lead - RAL	Staying Safe Drugs Education		Staying Safe Drugs Education		Staying Safe Drugs Education	
Content (for all learners)	STATUTORY HEALTH 26 New Psychoactive Substances One Drive: RSE 11 – Staying Safe		STATUTORY HEALTH 26 Festivals and Nitrous Oxides One Drive: RSE 11 – Staying Safe		STATUTORY HEALTH 26 Substance Addiction One Drive– Staying Safe	
Other Opportunities	Collection and sharing with WSCC of Post-16 Destination Data (RAL)					

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Summer Term 1 & 2

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	HALF TERM
RSE Lead - JRL	GCSE Revision Focus Academic Sprints Time		GCSE Revision Focus Academic Sprints Time		GCSE Revision Focus Academic Sprints Time		
Content (for all learners)	Exams have begun; timetabled PD Sessions will be set aside for quiet revision, intervention, and required support within the room allocated		Exams have begun; timetabled PD Sessions will be set aside for quiet revision, intervention, and required support within the room allocated		Exams have begun; timetabled PD Sessions will be set aside for quiet revision, intervention, and required support within the room allocated		
Citizenship/RE Lead - GCK							
Content (for all learners)							
Future You Lead - RAL							
Content (for all learners)							
Other Opportunities							

W/C	Week 1	Week 2	Week 3	Week 4	SUMMER
RSE Lead - JRL	GCSE Revision Focus Academic Sprints Time				
Content (for all learners)	For those that are still wanting to attend during study leave, normal PD lessons will continue with a quiet revision environment for personal study.				
Citizenship/RE Lead - GCK					
Content (for all learners)					
Future You Lead - RAL					
Content (for all learners)					
Other Opportunities					