

Autumn Term 1 & 2

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	HALF TERM
Core Theme	Equality, Diversity & British Values		Equality, Diversity & British Values		Equality, Diversity & British Values		Equality, Diversity & British Values		
Topic	Managing Change		Managing Change		Managing Change		Managing Change		
Challenge Objective and content (for all learners)	What is PSHE & Transition Points in Life		Getting to know people & My community		Proud to be Me		Careers and Your Future		
Inspire Opportunity									
Resource	STATUTORY RSE 26 OneDrive: RSHE 7 – Managing change		STATUTORY HEALTH 26 OneDrive: RSHE 7 – Managing change		STATUTORY RSE 26 OneDrive: RSHE 7 – Managing change		STATUTORY HEALTH 26 OneDrive: RSHE 7 – Managing change		
Other Opportunities	School Assemblies & Tutor Time Programme		School Assemblies & Tutor Time Programme		School Assemblies & Tutor Time Programme		School Assemblies & Tutor Time Programme		

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	CHRISTMAS
Core Theme	Healthy Bodies & Emotional Wellbeing		Healthy Bodies & Emotional Wellbeing		CFS Passport		
Topic	Puberty & Body Development		Puberty & Body Development		Bronze Application Process		
Challenge Objective and content (for all learners)	Introduction to Puberty		Growing up & Self-Esteem		Transition & Settling in Review		
Inspire Opportunity							
Resource	STATUTORY HEALTH 26 OneDrive: RSHE 7 – Puberty & Body		STATUTORY HEALTH 26 OneDrive: RSHE 7 – Puberty & Body		OneDrive: CFS Resource		
Other Opportunities	School Assemblies & Tutor Time Programme		School Assemblies & Tutor Time Programme		School Assemblies & Tutor Time Programme		

Key to Spiral Thematic Approach across KS3 & 4					
Equality, Diversity & British Values	Personal Safety & Digital Awareness	Relationships & Sex Education	Modern Dangers: Online & Offline	Healthy Bodies & Emotional Wellbeing	Careers & You Future Matters

Spring Term 1 & 2

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	HALF TERM
Core Theme	Relationships and Sex Education		Relationships and Sex Education		Relationships and Sex Education		
Topic	Friends, Respect & Relationships		Friends, Respect & Relationships		Friends, Respect & Relationships		
Challenge Objective and content (for all learners)	What makes a good friend? & Friendships & Online Relationships		Pressure, influence and friends		What it means to be a man today		
Inspire Opportunity							
Resource	STATUTORY RSE & HEALTH 26 OneDrive: RSHE 7 - Friends, Respect & Relationships		STATUTORY RSE & HEALTH 26 OneDrive: RSHE 7 - Friends, Respect & Relationships		STATUTORY RSE 26 OneDrive: RSHE 7 - Friends, Respect & Relationships		
Other Opportunities	School Assemblies & Tutor Time Programme		School Assemblies & Tutor Time Programme		School Assemblies & Tutor Time Programme		

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	EASTER
Core Theme	Modern Dangers: Online & Offline		Modern Dangers: Online & Offline		Online & Offline	
Topic	Staying Safe On & Offline		Staying Safe On & Offline		Staying Safe On & Offline	
Challenge Objective and content (for all learners)	Staying safe online & Online gaming, grooming and Addiction		Alcohol and Risk & Energy Drinks and Caffeine		Nicotine, Smoking and Vapes	
Inspire Opportunity						
Resource	STATUTORY RSE & HEALTH 26 OneDrive: RSHE 7 – Staying Safe, Online & Offline		STATUTORY HEALTH 26 OneDrive: RSHE 7 – Staying Safe, Online & Offline		STATUTORY HEALTH 26 OneDrive: RSHE7– Staying Safe	
Other Opportunities	Police Visits- Introduction to Crime & Punishment School Assemblies & Tutor Time Programme		Police Visits- Introduction to Crime & Punishment School Assemblies & Tutor Time Programme		School Assemblies & Tutor Time Programme	

Key to Spiral Thematic Approach across KS3 & 4

Equality, Diversity & British Values	Personal Safety & Digital Awareness	Relationships & Sex Education	Modern Dangers: Online & Offline	Healthy Bodies & Emotional Wellbeing	Careers & You Future Matters
--------------------------------------	-------------------------------------	-------------------------------	----------------------------------	--------------------------------------	------------------------------

N.B: Please note that lessons across the term may change according to school/local/national context that needs addressing. Lessons may also take a different order to the plan above. **Backbone of resources- Cre8tive Resources & Unifrog** (Last review: July26 RAL/JRL)

Summer Term 1 & 2

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	HALF TERM
Core Theme	Equality, Diversity & British Values		Equality, Diversity & British Values		Relationships and Sex Education		
Topic	Law, Crime & Society		Law, Crime & Society		Friends, Respect & Relationships		
Challenge Objective and content (for all learners)	How are laws made?		Prison, Reform and Punishment		Consent and Boundaries		
Inspire Opportunity							
Resource	OneDrive: RSHE 7 – Law, Crime & Society		OneDrive: RSHE 7 – Law, Crime & Society		STATUTORY RSE 26 OneDrive: RSHE 7 – Friends, Respect & Relationships		
Other Opportunities	Mock Court Workshop – All Rise Education School Assemblies & Tutor Time Programme				School Assemblies & Tutor Time Programme		

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	SUMMER
Core Theme	Relationships and Sex Education		Equality, Diversity & British Values		Equality, Diversity & British Values		
Topic	Friends, Respect & Relationships		Law, Crime & Society		Law, Crime & Society		
Challenge Objective and content (for all learners)	Respect & Relationships		Desert Island Living & Building a community		Making decisions & Laws, Criminals and Society		
Inspire Opportunity							
Resource	STATUTORY RSE 26 OneDrive: RSHE 7 – Friends, Respect & Relationships		STATUTORY RSE 26 OneDrive: RSHE 7 – Law, Crime & Society		STATUTORY HEALTH 26 OneDrive: RSHE 7 – Law, Crime & Society		
Other Opportunities	School Assemblies & Tutor Time Programme		School Assemblies & Tutor Time Programme		School Assemblies & Tutor Time Programme		

Key to Spiral Thematic Approach across KS3 & 4

Equality, Diversity & British Values	Personal Safety & Digital Awareness	Relationships & Sex Education	Modern Dangers: Online & Offline	Healthy Bodies & Emotional Wellbeing	Careers & You Future Matters
--------------------------------------	-------------------------------------	-------------------------------	----------------------------------	--------------------------------------	------------------------------

N.B: Please note that lessons across the term may change according to school/local/national context that needs addressing. Lessons may also take a different order to the plan above. **Backbone of resources- Cre8tive Resources & Unifrog** (Last review: July26 RAL/JRL)