

Autumn Term 1 & 2

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Core Theme Topic – RSE JRL	Equality, Diversity & British Values		Equality, Diversity & British Values		Equality, Diversity & British Values		Equality, Diversity & British Values	
	Equality		Equality		Equality		Equality	
Challenge Objective and content (for all learners)	STATUTORY RSE 26 Equality Act 2010 & Removing the Barriers to Equity for All (RSE 9) OneDrive: RSHE 9 – Equality & Diversity		STATUTORY RSE 26 Gender Equality, Ableism and Disability Discrimination (RSE 9) OneDrive: RSHE 9 – Equality & Diversity		STATUTORY RSE 26 LGBTQ+ & Rights Across the World (RSE 9) OneDrive: RSHE 9 – Equality & Diversity		STATUTORY HEALTH 26 Racism & Discrimination in Society (RSE 9) OneDrive: RSHE 9 – Equality & Diversity	
Core Theme Topic – RAL Future You	Careers & Skills		Careers & Skills		Careers & Skills		Careers & Skills	
	Future You Matters		Sector Environments		Sector Environments		Sector Environments	
Challenge Objective and content (for all learners)	GATSBY BENCHMARKS My Personality, Careers & Work Ethic OneDrive: Careers 8 & Careers 9		GATSBY BENCHMARKS Careers in Sustainability & Environment OneDrive: Careers 8		GATSBY BENCHMARKS Careers in Advertising & Branding OneDrive: Careers 9		GATSBY BENCHMARKS Careers in Charity & NGOs OneDrive: Careers 9	
Other Opportunities	Scheduled Speakers		Scheduled Speakers		Scheduled Speakers		Scheduled Speakers	

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	CHRISTMAS
Core Theme Topic – RSE JRL	Wellbeing		Wellbeing		Wellbeing		
	Body Confidence		Body Confidence		Body Confidence		
Challenge Objective and content (for all learners)	STATUTORY RSE & HEALTH 26 How Self-Esteem Changes, Media & Airbrushing (RSE 9) OneDrive: RSHE 9 – Body Confidence		Dealing with Grief & Loss (RSE 9) OneDrive: RSHE 9 – Body Confidence		STATUTORY HEALTH 26 Cancer Prevention & Healthy Lifestyles (RSE 9) OneDrive: RSHE 9 – Body Confidence		
Core Theme Topic – RAL Future You	Careers & Skills		Careers & Skills		Careers & Skills		
	Steps Beyond CFS		Steps Beyond CFS		Steps Beyond CFS		
Challenge Objective and content (for all learners)	GATSBY BENCHMARKS Post 16 Options – Level 2 & 3 Courses (Unifrog & CFS resource)		GATSBY BENCHMARKS Post 16 Options – College Vs Sixth Form Vs Apprenticeships (Unifrog & CFS resource)		GATSBY BENCHMARKS Apprenticeships Vs University (Unifrog & CFS resource)		
Other Opportunities	College Talks		Apprenticeship Talks		UofC Workshop & Campus Visit		

Key to Spiral Thematic Approach across KS3

Equality, Diversity & British Values	Personal Safety & Digital Awareness	Relationships & Sex Education	Modern Dangers: Online & Offline	Healthy Bodies & Emotional Wellbeing	Careers & Future You Matters
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Spring Term 1 & 2

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	HALF TERM
Core Theme Topic – RSE JRL	Relationships and Sex Education Sex, Consent & The Law		Relationships and Sex Education Sex, Consent & The Law		Relationships and Sex Education Sex, Consent & The Law		
Content (for all learners)	STATUTORY RSE 26 Relationships & Partners (RSE 9) OneDrive: RSHE 9 – Sex, Law & Consent		STATUTORY RSE 26 Why have Sex & Delaying Sexual Activity (RSE 9) OneDrive: RSHE 9 – Sex, Law & Consent		STATUTORY RSE 26 Sexual Consent and the Law (RSE 9) OneDrive: RSHE 9 – Sex, Law & Consent		
Core Theme Topic – RSE RAL	Relationships and Sex Education Sex, Consent & The Law		Relationships and Sex Education Sex, Consent & The Law		Relationships and Sex Ed Sex, Consent & The Law		
Content (for all learners)	STATUTORY RSE 26 Domestic Abuse & Domestic Violence (RSE 9) OneDrive: RSHE 9 – Sex, Law & Consent		STATUTORY RSE & HEALTH 26 Sexual Harassment & Stalking (RSE 9) OneDrive: RSHE 9 – Sex, Law & Consent		STATUTORY RSE 26 The Penis, The Vulva, FGM & The Law (RSE 9) OneDrive: RSHE 9 – Sex, Law & Consent		
Other Opportunities	Options Chichester Workshops Dare to Dream		Options Chichester Workshops Dare to Dream		Options Chichester Workshops Dare to Dream		

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	EASTER
Core Theme Topic – RSE JRL	Modern Dangers: Online & Offline		Modern Dangers: Online & Offline		Modern Dangers: On & Offline	
	Legal & Illegal Drugs Classifications		Legal & Illegal Drugs Classifications		Legal & Illegal Drugs Classifications	
Content (for all learners)	STATUTORY HEALTH 26 What is a Drug and the Different Types of Addictions (RSE 9) OneDrive: RSHE 9 – Legal & Illegal Drugs		STATUTORY HEALTH 26 Drug Classifications (RSE 9) OneDrive: RSHE 9 – Legal & Illegal Drugs		STATUTORY HEALTH 26 War on Drugs (RSE 9) OneDrive: RSHE 9 – Drugs	
Core Theme Topic – RAL Future You	Modern Dangers: Online & Offline		Modern Dangers: Online & Offline		Modern Dangers: On & Offline	
	Legal & Illegal Classifications		Legal & Illegal Classifications		Legal & Illegal Drugs Classifications	
Content (for all learners)	STATUTORY HEALTH 26 Cannabis Products (RSE 9) OneDrive: RSHE 9 – Legal & Illegal Drugs		STATUTORY HEALTH 26 Party Drugs & Illegal Drugs (RSE 9) OneDrive: RSHE 9 – Legal & Illegal Drugs		STATUTORY HEALTH 26 Volatile Substance Abuse (RSE 9) OneDrive: RSHE 9 – Drugs	
Other Opportunities	Police Workshop: Drugs & The Law Dare to Dream		Police Workshop: Drugs & The Law Dare to Dream			

Key to Spiral Thematic Approach across KS3

Equality, Diversity & British Values	Personal Safety & Digital Awareness	Relationships & Sex Education	Modern Dangers: Online & Offline	Healthy Bodies & Emotional Wellbeing	Careers & Future You Matters
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Summer Term 1 & 2

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	HALF TERM
Core Theme Topic – RSE JRL	Equality, Diversity & British Values Combatting Extremism & Terrorism		Equality, Diversity & British Values Combatting Extremism & Terrorism		Equality, Diversity & British Values Combatting Extremism & Terrorism		
Content (for all learners)	STATUTORY RSE & HEALTH 26 Conspiracy Theories, Extremist Narrative & Radicalisation (RSE 9) OneDrive: RSHE 9 – Extremism & Terrorism		STATUTORY RSE & HEALTH 26 Forms of Extremism & Antisemitism in the UK (RSE 9) OneDrive: RSHE 9 – Extremism & Terrorism		What is Terrorism & Counter Terrorism (RSE 9) OneDrive: RSHE 9 – Extremism & Terrorism		
Core Theme Topic – RAL Future You	Careers & Skills Employability Skills		Careers & Skills Employability Skills		Careers & Skills Employability Skills		
Content (for all learners)	GATSBY BENCHMARKS Self-Motivation, Resilience & Adaptability (Unifrog)		GATSBY BENCHMARKS Problem Solving & Critical Thinking (Unifrog)		GATSBY BENCHMARKS Teamwork, Planning & Communication (Unifrog)		
Other Opportunities	Employability Skills Workshop		Employability Skills Workshop		Employability Skills Workshop		

W/C	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	SUMMER
Core Theme Topic – RSE JRL	Relationships & Sex Education Contraception & STIs		Relationships & Sex Education Contraception & STIs		Relationships & Sex Education Contraception & STIs		
Content (for all learners)	STATUTORY RSE 26 Contraception Explored (RSE 9) OneDrive: RSHE 9 – Contraception & STIs		STATUTORY RSE 26 STI's, Treating Them & Supportive Clinics (RSE 9) OneDrive: RSHE 9 – Contraception & STIs		STATUTORY RSE 26 HIV & AIDS, Prejudice & Discrimination (RSE 9) OneDrive: RSHE 9 – Contraception & STIs		
Core Theme Topic – RAL	Careers & Future You Rights & Responsibilities		Careers & Future You Matters Rights & Responsibilities		Careers & Future You Matters Rights & Responsibilities		
Content (for all learners)	GATSBY BENCHMARKS Benefits of Working and Being a Global Citizen (Citizenship 9) OneDrive: Citizenship 9 – Rights & Responsibilities		GATSBY BENCHMARKS Targeted Advertising and Your data (Citizenship 9) OneDrive: Citizenship 9 – Rights & Responsibilities		GATSBY BENCHMARKS Rights & Responsibilities in the Workplace (Citizenship 9) OneDrive: Citizenship 9 – Rights & Responsibilities		
Other Opportunities	Options Chichester Workshops		Options Chichester Workshops		WEx Opportunity: Day at Parents Work		

Key to Spiral Thematic Approach across KS3					
Equality, Diversity & British Values	Personal Safety & Digital Awareness	Relationships & Sex Education	Modern Dangers: Online & Offline	Healthy Bodies & Emotional Wellbeing	Careers & Future You Matters