



# Food Preparation and Nutrition Long Term Plan Year 11 2020/21

## Temperance Term

W/C	7 September	14 September	21 September	28 September	5 October	12 October	19 October	Half term
Topic	Introduction	Food Science	Macro and Micro Nutrients	GCSE Practical Skills	NEA Coursework	NEA Coursework	NEA Coursework	
Min 1 Task & Learning Journey & Plenary	<b>Induction to course Health, Safety and Hygiene Course specification, assessment and tasks Introduction to NEA Coursework</b>	Understanding the definitions and backgrounds of key food science terminology  Practical- students choose 1 food science term to demonstrate.	Recap on Macro and Micro nutrients, applications within both diet and practical methods. How can these be applied in practical dishes.  Practical – carbohydrate dish	Understand and demonstrate the 12 skills needed within NEA coursework. State practical methods of application and recipes that can be used to demonstrate skills.  Practical- Student choice, dish demonstrating at last 4 skills.	NEA 2 practical INVESTIGATION Task 1- GCSE skills 1-6	NEA 2 practical INVESTIGATION Task 1- GCSE skills 1-6	NEA 2 practical INVESTIGATION Task 1- Skills 7-12	
Challenge		Demonstrate 1 of the top 3 complex terms to demonstrate	Carbohydrate dish must be balanced with other macro and micro nutrients to complete a full dish	Demonstrate 6-8 skills	NEA criteria skills check complex level	NEA criteria skills check complex level	NEA criteria skills check complex level	
Assessment & Homework		Self/Peer assessment on set criteria	Online quiz assessment – marks given at end of quiz	Self/Peer assessment on set criteria	Teacher assessed within guidelines with exam board	Teacher assessed within guidelines with exam board	Teacher assessed within guidelines with exam board	
W/C	2 November	9 November	16 November	23 November	30 November	7 December	CHRISTMAS	
Topic	Food Safety Certification	Food Safety Certification	NEA Coursework	NEA Coursework	Assessment	Assessment		
Min 1 Task & Learning Journey	Food Safety certificate – Unit based food safety certificate L2	Food Safety certificate – Unit based food safety certificate L2	NEA 2 Task 2- Food preparation assessment	NEA 2 Task 2- Food preparation assessment	Revision for FPN exam	Revision for FPN exam		
Challenge	Reach all questions completed in modules	Reach all questions completed in modules	NEA criteria met for section A	NEA criteria met for section A	Reach top band marking in practice questions – use improvements from previous questions	Reach top band marking in practice questions – use improvements from previous questions		
Assessment & Homework	Online assessment	Online assessment	Teacher assessed within guidelines with exam board	Teacher assessed within guidelines with exam board	Year 11 Mock Exams	Online assessment		

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## Justice Term

<b>W/C</b>	4 January	11 January	18 January	25 January	1 February	8 February	<b>HALF TERM</b>
Topic	NEA Coursework	NEA Coursework	NEA Coursework	NEA Coursework	NEA Coursework	NEA Coursework	
Min 1 Task & Learning Journey	NEA 2 Task 2- Food preparation assessment	NEA 2 Task 2- Food preparation assessment	NEA 2 Task 2- Food preparation assessment	NEA 2 Task 2- Food preparation assessment	NEA 2 Task 2- Food preparation assessment	NEA 2 Task 2- Food preparation assessment	
Challenge	NEA criteria met for section B to complex level	NEA criteria met for section B to complex level	NEA criteria met for section B to complex level	NEA criteria met for section C to complex level	NEA criteria met for section C to complex level	NEA criteria met for section D to complex level	
Assessment & Homework	Teacher assessed within guidelines with exam board	Teacher assessed within guidelines with exam board	Teacher assessed within guidelines with exam board	Teacher assessed within guidelines with exam board	Teacher assessed within guidelines with exam board	Teacher assessed within guidelines with exam board	
<b>W/C</b>	22 February	1 March	8 March	15 March	22 March	29 March	<b>EASTER</b>
Topic	Assessment	NEA Coursework	NEA Coursework	Commodities	Nutritional analysis	Food H&S	
Min 1 Task & Learning Journey	Revision for FPN exam	NEA 2 Task 2- Food preparation assessment	NEA 2 Task 2- Food preparation assessment	Revision on commodities, why they are needed, application and preparation needed.	Analyse, evaluate and critique nutritional charts based on GCSE Exam style questions. (12 marks) How to answer a 12 mark question.  Exam techniques	Revision on Food H&S. Why is it needed, practical methods and application.  Practical- chicken burger	
Challenge	Reach top band marking in practice questions – use improvements from previous questions	NEA criteria met for section E	NEA criteria met for section E	State the functional properties of 3 commodities	Analyse and argue in favour of one chart	Create a safety chart based on practical methods	
Assessment & Homework	<b>Year 11 Mock Exams</b>	Teacher assessed within guidelines with exam board	Teacher assessed within guidelines with exam board	Self/Peer assessment on set criteria	Self/Peer assessment on set criteria	Self/Peer assessment on set criteria	

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## Courage Term

W/C	19 <sup>th</sup> April	26 <sup>th</sup> April	3 <sup>rd</sup> May	10 <sup>th</sup> May	17 <sup>th</sup> May	24 <sup>th</sup> May	<b>HALF TERM</b>
Topic	Food Science	Personalised Revision	Personalised Revision	Year 11 on bespoke revision timetable			
	<p><b>Revision on Food science. Why is it needed, practical methods and application. Key terminology needed and ways to remember</b></p> <p><b>Practical- energy muffins</b></p>	Students personalised revision tasks based on areas of strength and weakness. 1-1 sessions with teacher and personalised revision pack given	Students personalised revision tasks based on areas of strength and weakness. 1-1 sessions with teacher and personalised revision pack given				
Challenge	Demonstrate practical methods of food science and explain the chemical breakdown	Use challenge tasks in revision pack based on student needs	Use challenge tasks in revision pack based on student needs				
Assessment	Self/Peer assessment on set criteria	Self/Peer assessment on set criteria	Self/Peer assessment on set criteria	GCSE Exams			
W/C	7 <sup>th</sup> June	14 <sup>th</sup> June	21 <sup>st</sup> June		22 <sup>nd</sup> June	29 <sup>th</sup> June	6 <sup>th</sup> July
Topic	Year 11 on optional revision timetable	Year 11 on study leave					
Challenge							
Assessment				GCSE Exams			