

Dance Long Term Plan Year 7 2019-20

Temperance Term

W/C	2nd September	9th September	16th September	23rd September	30th September	7th October	14th October	21st October	
Topic	TEACHER LED TECHNIQUE MOTIFS 1. Basic actions and introduction to technique unit								
Focus	Introduction to basic dance movement -Travel, floor work and following teacher movement	Introduction to a teacher motif Feedback/ Assess pairs		Rehearsal of movement			SOLO TECHNIQUE ASSESSMENT/ BASIC ACTIONS/ PERFORMANCE SKILLS		
Challenge	Performance in smaller group or solo performance	Identifying development of motif when providing feedback using correct terminology		Adding all 5 development of Actions to the set motif and being able to demonstrate in the performance			Adding own movement without guidance from the teacher		
Assessment	Solo Practical Assessment GCSE Link: Component 1: Solo Composition								
W/C	HALF TERM	4th November	11th November	18th November	25th November	2nd December	9th December	CHRISTMAS	
Topic		MISSION IMPOSSIBLE 2. Development of a character in performance unit							
Focus		Introduction to duet performance Development of a character	Introduction to dynamic variation and relationships			DUET PERFORMANCE ASSESSMENT			
Challenge		Being able to identify key features of the character and implementing this into their dance	Displaying dynamics consistently and a range of relationships within their choreography			Demonstrating clear use of dynamics throughout their performance.			
Assessment		Duet Practical Assessment and Performance Skills Assessment GCSE Link: Component 1: Performance & Component 2: Dance Appreciation Exam - Section B							

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Justice Term

W/C	6 th January	13 th January	20 st January	27 th January	3 rd February	10 th February	HALF TERM
Topic	ART STIMULUS/BANKSY 3. Responding to stimulus and choreographic skills unit						
Focus	Introduction to responding to stimulus		Choreographic devices and skills Levels and directions		TRIO CHOREOGRAPHY ASSESSMENT -RADS		
Challenge	Being able to create abstract choreographic intentions form stimulus		Consistently demonstrating choreographic devices throughout their choreography		Using RADS within their trio relating to their choreographic intention		
Assessment	Trio Choreography Assessment and Development of RADS throughout choreography GCSE Link: Component 1: Trio Performance & Component 2: Dance Appreciation Exam - Section A						
W/C	24 th February	2 nd March	9 th March	16 th March	23 rd March	30 th March	EASTER
Topic	PLAYGROUND 4. Introduction to performance skills unit						
Focus	Introduction to performance, expressive skills Explore playgrounds		Focus on emotions seen in a playground Explore in groups		GROUP PERFORMANCE ASSESSMENT – EXPRESSIVE SKILLS		
Challenge	Being able to identify expressive skills within a choreography		Display expressive skills within rehearsals and performances consistently		Working safely in a group consistently displaying expressive skills		
Assessment	Group Choreography Assessment and Expressive Skills GCSE Link: Component 1: Choreography & Component 2: Dance Appreciation Exam - Section B						



Dance Long Term Plan Year 7 2019-20

Courage Term

W/C	20 th April	27 th April	4 th May	11 th May	18 th May	
Topic	PARKOUR/ SAFE PRACTICE 5. Safe practice in dance unit				CATCH UP/ REVISION	HALF TERM
	Introduction to street/ parkour dance		Safe practice and healthy dancer			
Challenge	Safely work in a different style of dance within a group choreography whilst demonstrating the skills learnt in the previous term		Be able to explain why a dancer must be healthy and safe in dance in addition to demonstrating it			
Assessment	Group Choreography Assessment and Theory Assessment of Dance Terminology & Responding to Stimulus GCSE Link: Component 1: Choreography & Component 2: Dance Appreciation Exam - Section A & B					
W/C	1 st June	8 th June	15 th June	22 nd June	29 th June	6 th July
Topic	KS3 INTERNAL EXAMS		STOMP 6. Exploration of different dance styles and use of props unit			
			Analyse a professional dance work Use of props		GROUP PERFORMANCE ASSESSMENT – USE OF PROPS/ SPACE	
Challenge			Identify correct use of props and where they are suitable		Use props effectively within group choreography	
Assessment			Group Choreography Assessment and Theory Assessment of Dance Terminology & Responding to Stimulus GCSE Link: Component 1: Choreography & Component 2: Dance Appreciation Exam - Section A & B			